# LEMON GROVE REVIEW

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## The DIMMER VIEW

by Max Goodwin

## Food Stamps For Christmas

**Many well-dressed people are using food stamps.**

They drive to the market in late model cars and often buy luxuries beyond the reach of some of those without stamps.

**It appeared that anyone who wanted to take the trouble to apply for stamps could get them.**

Food stamps, then, seemed the solution to a problem communicated to this newspaper office Christmas week.

**A 73-year old woman, and her slightly younger husband, a baker by trade, were out of food and money.**

He had not applied for welfare because he had nearly had jobs during the three weeks he was out of work. Nor had they drawn social security. They asked only for food for Christmas. Service clubs had already distributed their largess and generous individuals were already celebrating.

**The solution seemed to be to help the needy couple get food stamps. Why not? They had a genuine need and practically anyone could get stamps.**

The food stamp program started in 1962 as an experiment to help feed 50,000 poor Americans at a cost of $14 million, today feeds 20 million at a cost of $6.8 billion.

**The program has grown so big and so fast that the County of San Diego felt called upon to praise itself for cutting three days off the waiting time for stamps to 10 working days. It boasts, also, that waiting time has been cut from 66 to 16 minutes for applicants. With an oblique reference to rip-offs in the program, the County noted that the new procedures, which will save the state a quarter million dollars annually, was not designed to stop abuses in the program but to make the service more efficient.**

By now it was the morning of the day before Christmas.

**The man in this office called the office of Supervisor Dick Brown. The aide in his office gave a number through which she said emergency aid can be obtained.**

The lady who answered at the food stamp headquarters on State st. in San Diego said it was a simple problem and referred the caller to the Northeast District Welfare office on 73rd st. "If there is any problem refer them to me," she said.

**At the 73rd st. office the clerk said that the couple should go to the Market st office. A heated discussion ensued and the clerk told this office that the address of the needy wasn't on her welfare map so the applicant would have to go to the Market st. office. A few minutes later she called back and said to send them to the El Cajon office.**

Hostility doesn't take long to develop when clerks become uncooperative. Anger at this end caused her to transfer the call to her superior — a request that we had made of her a half-hour earlier.

**He backed up the clerk. Our office re-instituted contact with Stamp Central. The lady had gone for the day. It was mid-afternoon. A demand was made to talk to the head person. The man said that was he. The request started over. He said the couple should go to the 73rd st. station — that he would call them and clear the couple for emergency aid. The couple was told to proceed there to pick up stamps. They were grateful but were not certain there was enough gasoline in the car to get there and back. A man from this office was sent over to the residence with money for a tank of gasoline.**

It was nearly 5 o'clock on Christmas eve when this office again contacted the couple to see that they were able to get enough food stamps for a Christmas dinner. "No," she answered sadly, "they gave us a form to fill out and bring back after Christmas and we would be qualified for stamps after the first of the year."

**This office has had contact with bureaucrats before — but none proved to be so frustrating as these. It called for drastic action.**

A call was placed to 73rd. st. It was still open. Amid a barrage of peroration and profanity the clerk became submissive enough to put the call through to the absolute head honcho. The blasphemy started again when he answered the phone. He said mildly, "Is that the way to talk to an old friend?"

**The storm quietened for a moment. He identified himself as Ted Walton, the father of the world famous basketball star, Bill Walton, and old friend indeed. Two olds friends were talking now. But time was running out. It was after 5 p.m.**

"Of course," was his assuring response, "we'll take care of your people. Send them back to see me personally. If the front entrance is closed tell them to go to the rear—to the employees' entrance. If I am gone, have them see my secretary. She'll provide them stamps to meet their needs."

**Holiday greetings were exchanged.**

A hurried call was made to the needy couple. Time was indeed running out. They were understandably reluctant to make the trip. Their remaining gasoline might be the difference between a job and not.

**They were frightened and depressed. Assured of more fuel after Christmas they said they would make the trip again.**

The newspaper office was closed. Everyone had pleasant thoughts of being with family and friends — and of the exchange of gifts.

**But the man from this office was troubled. Enroute home he thought only of the distraught couple. Nothing that had happened until the contact with Walton, gave any reason for confidence.**

Christmas Eve chores took about an hour of our man's time and it was nearly 8 o'clock before he called the couple. The husband answered. "Yes," he said, "we got enough stamps for Christmas dinner. Until tonight, we didn't think anybody cared. But I'll remember this Christmas because I found someone standing alongside me."

**The man who fought the welfare people managed to get into the spirit of the Day but carried to bed with him the nagging frustration created by government bureaucrats.**

When sleep came, he had pleasant dreams. There was a vision of Santa Claus. Santa appeared tall and dignified — he looked exactly like Ted Walton.

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## Ronald Reagan Says:

On Freedom: Freedom is indivisible — there is no "s" on the end of it. You can erode freedom, diminish it, but you cannot divide it and chose to keep some "freedoms" while giving up others.

Joseph R. Holmes "The Quotable Ronald Reagan"
Speech May 4, 1972

## Population Shifts Here
## L.G. off 903; S.V. Up 6,562

While the area regarded as East Suburban San Diego increased in population 22 per cent, Lemon Grove decreased 3.9 per cent, according to San Diego's report on population and housing.

The report follows a special census taken in April, 1975 and compares that date with the 1970 census.

Other communities lumped in ESSD are Jamul, up 47.8 per cent; Spring Valley, up 21.5; La Mesa, up 6.4; El Cajon, up 15.7; Santee, up 74.5; Lakeside, up 31.9; Harbinson-Crest, up 81.6; Alpine, up 34.1 and Ramona, up 4.0.

Numerically, the shift is: Lemon Grove, decreased 903 persons; Spring Valley increased 6,562; La Mesa, up 3,-015 and El Cajon, up 10,540.

The greatest gain in the area was in Santee where population increased 14,743. ESSD total increased by 50,620.

Central San Diego lost 5,909 people; Pendleton registered the greatest lost with a decrease of 10,001. Del Mar-Mira Mesa was the greatest gainer with 28,621.

Spring Valley is listed with a population of 37,026. Lemon Grove's new total is 22,356.

## Natural Gas Scarcity Boosts Electric Rates

The scarcity of natural gas for use in generating electricity has again boosted the cost locally of electricity, the California Public Utilities Commission announced last week.

The PUC granted San Diego Gas and Electric authority to increase electric rates to raise $20,051,800 to offset its higher cost of fuel, reflecting a greater use of fuel oil due to dwindling natural gas supplies and to mark changes in system load and purchased power availability.

In a separate action, the PUC also reaffirmed its decision of last July which reduced an SDG&E fuel offset request by $6.7 million to reflect the profit the utility realized from the 1974 sale of surplus fuel. In view of what the PUC termed the company's "financial emergency," however, the Commission agreed to extend the amortization period of that amount from 12 months to 36, which will increase rates another $186,000 a month.

In keeping with the commission's lifeline policy, users of 300 kilowatt hours or less of electricity a month are exempt from any part of the increase.

**29 Cent Average Hike Here**

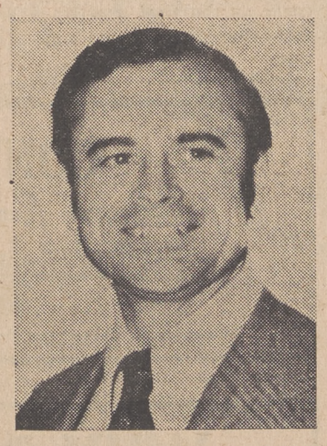
Increases for typical monthly bills in the company's various zones:

For 400 kilowatt hours in Zone 1 (Great Metropolitan San Diego including Lemon Grove and Spring Valley) 29 cents; for 450 kilowatt hours in Zone 2 (Escondido, San Clemente, Poway, Rancho Bernardo) 15 cents; for 500 kilowatt hours in Zone 3 (Fallbrook, San Marcos, San Ysidro, Sunnyside) 29 cents and for 850 kilowatt hours in Zone 4 (Alpine, Borrego Springs, Pauma Valley, Rancho Sante Fe) $1.03.

The new increase is about $500,000 short of the utility's request. It becomes effective immediately.

During the 12 months ending November 30, about 19 per cent of SDG&E's generating capacity needs was filled by natural gas. For the month of November alone, the percentage has fallen to 9 per cent.

If all the natural gas available during 1975 for generating purposes had been eliminated, and the cost of fuel oil and other sources remained constant, it would have cost SDG&E about $5 million more for generation of electricity, according to the PUC.



**77TH — Attorney Mike Bollman, 36, became a candidate today for the Assembly in the District now represented by Bob Wilson. Bollman, a Republican, who sought the office in 1974, said his support has grown substantially after a year of representation by Wilson under an ineffective and unresponsive State Legislature.**
**Medical malpractice apathy; concern for criminals rather than for victims, and neglect of the unemployed has caused the public to become disenchanted with the Legislature, he said.**
**His involvement in civic and governmental affairs: his background as an attorney and businessman will be used to help solve these problems, he said.**

## Variance Asked For Main-North Lumber Yard

A hearing by the San Diego County Zoning Administrator is scheduled for Friday at 11 a.m. regarding a variance for a lumber firm on the property in the 3500 block of Main st. in Lemon Grove at the intersection of North and Main sts.

The variance, if granted will allow a fence to be built by Accent Cedar and Redwood 84 inches in height some 5 or 6 feet from the easterly edge of Main st.

It also allows lumber to be stacked any height at owner's discretion. On Tuesday it was stacked more than 12 feet high.

Ron Hansen, associate planner for the zoning department said that Ron Dubois had asked for the variance for the Accent Cedar and Redwood firm and that while the variance seems unusual, it was part of a setback ordinance that had been approved for the Lemon Grove area many years ago to accommodate business properties on Broadway who were using private property for public parking.

**75-Feet for Setback**

Setback requirements normally are 75 feet from the centerline. In the above case it would be from the centerline of Imperial as well as from Main st..

The request is for 65 feet from Imperial centerline and 18 feet from Main st. centerline.

Variances are given under exceptional or extraordinary circumstances if the variance is not materially detrimental to public health, safety or welfare or injurious to the property or improvements in the vicinity. Variances must be necessary for the preservation and enjoyment of a substantial property right possessed by other property in the same vicinity, according to the Zoning ordinance.

The property is under lease from the San Diego and Arizona Eastern Railway. The Lemon Grove Chamber of Commerce has held a lease on the property for years for parking.

Those with specific questions should call Hansen at 565-5977.

## 'Will Not Run For Office' Says Supervisor Dick Brown

"I've had it with politics," Second District County Supervisor Dick Brown said Monday at a press conference at which he told of his "irrevocable" decision not to seek election.

His announcement was not as grim as that statement appeared, however. He said that he had devoted one-fourth of his life to elective office and "I have come to the point where I'd like to do something else."

"I have no intention of running for any office," he said.

**Supervisor Brown**

He will serve out the term of his $28,026 a year term which ends January 3, 1977.

His decision to make the announcement at this time resulted from numerous inquiries regarding his re-election. "I said I'd announce my decision in January. This is now January. I had a responsiblity to make that decision at this time so that my successor could make plans." For more than a year Brown had said he wouldn't seek re-election.

**Two Candidates**

So far, El Cajon Councilman Lucille Moore and Sheriff's Sgt. Walt Kenrick of La Mesa have announced decisions to run.

Brown said he would serve the full term of office to which he was elected but bristled at a reporter's reference that he would be a "lame duck" supervisor.

Brown, 42, said "The greatest regret is that I have not been able to bring harmony to the Board but with its political makeup it is absolutely improbable for anyone to resolve that issue."

After 11 years in elective office, said Brown, "I have come to the point where I cherish (the thought of) privacy and a return to a life that is a bit more anonymous."

His accomplishments, he said, included "131 proposals approved and implemented of the 144 I brought before the Board for a 91 per cent success ratio. It's an average anyone would be proud of."

**Pleased With IPO**

He expressed pleasure with his Integrated Planning Office project "which was the radical restructuring of planning activities in the county and it triggered a lot of other changes in the agency structure, yet, in fact, tore strongly enough at the fabric of bureaucracy to allow a re-arrangement which has occurred. And I think it has been very beneficial."

His gasoline recovery regulations have become a pattern for standards across the country, he noted. And the County budget has been redesigned, program by program, to show taxpayers where their money is being spent.

Brown said he would not participate in the race for his successor.

Brown operated the Brown Tool Co. of El Cajon, which he sold to devote full time as a supervisor. Prior to being elected, he served seven years as an El Cajon city councilman.

Candidates seeking his post may file from February 17 through March 12.

## VdO Goals Get Nod; Zoning Plans Begun

A "disappointing few" showed up for the December 10 hearing regarding the Valle de Oro Citizens Executive Committee's draft for community planning goals, the committee secretary Carolyn Blocker said.

Citizens that did show up nodded approval to the 12-phase goals for the Valle de Oro area, which encompasses Spring Valley from Grossmont to La Presa and includes Casa de Oro and Rancho San Diego.

After the hearing, the Committee unanimously approved the goals for presentation to the County Planning Commission and the Board of Supervisors this month.

**Hedge on Plan**

The committee was not unanimous regarding the deadline for submitting the completed VdO plan, its next and final function.

The Board of Supervisors issued a deadline for the completed VdO Plan by the time County General Plan 7602 amendments are docketed.

Amendments to the General Plan are docketed no more than four times a year. "Batches" of proposed amendments are docketed on the agenda when their numbers are sufficient. 7602 refers to the second batch of amendments in 1976.

A vote by the Committeemen present at the December 10 meeting showed 15 in favor and 13 against recommending the completed plan be moved to the first batch of docketed amendments. The opposition felt that more time would be needed to complete the work on the plan, although the length of time before the plan is docketed is uncertain.

**Goals vs. Plan**

While the goals purport to reflect the general ideals of Valle de Oro residents, the plan consists of actual zoning designations of property..

The CEC, which meets the first Wednesday of each month, held a meeting Wednesday evening at Monte Vista High. On the agenda were discussions of Regional Transit Plan refinement and community plan methodology.

## February Hearing Last Step For Lemon Grove City Try

The County Board of Supervisors will have a public hearing, more than likely in February, on the boundary element of Lemon Grove's incorporation.

The date of the election by which voters will decide whether Lemon Grove is to become a city will also be decided upon at that time.

The exact date will be given after several interorganizational matters are resolved. These have to do with county counsel's opinion of the procedures, the registrar of voters on the time of election and auditor on the tax rate for the proposed city.

On Monday the Local Agency Formation Commission (LAFCO) rejected a request by the City of La Mesa and the County Board of Supervisors to change the northern boundaries of the proposed city.

Skip Schmidt, LAFCO executive officer, told commissioners that the request should not stand in the way of the final public hearing on Lemon Grove's bid for incorporation.

The boundaries may be changed, with the approval of LAFCO, at the hearing at which the election date and tax rate will be set.

La Mesa and the county proposed using State 94 as the north boundary of the proposed city. LAFCO in December 15, at a public hearing, included about 300 acres north of the freeway which runs north along Massachusetts to Pearson st. It also includes the narrow strip, now unincorporated, between the freeway and the La Mesa south boundary. The strip reaches from Murray Hills rd. east to approximately Spring st. in La Mesa.

LAFCO had previously said that the freeway, if used for a south boundary of La Mesa, would require that it include about 200 feet south of it. That would put most of North ave. in Lemon Grove into La Mesa.

If approved by the board of supervisors the boundaries will be San Diego on the west and south, Sweetwater rd. on the east and the freeway on the north plus the 300 acres desired by Lemon Grove and La Mesa.

## Teen-Dance Booked For January 16

The 1976 series of Teen-dances sponsored by the Lemon Grove VFW begin Friday, January 16 at the VFW Hall, 2885 Imperial ave.

Tickets must be obtained in person and there is no charge. Tickets may be acquired at the VFW club 10 a.m.-4 p.m. daily from Joe Nelson and from Bales Auto Service at 2835 Imperial. Dick Bales is VFW dance chairman.

In Spring Valley, tickets may be obtained from the Moose Club at 752 Grand ave.

Music for the January dance will be supplied by Art Spencer.

A Teen-dance meeting is scheduled for January 22 at the VFW club. Juniors will meet at 7 p.m. and the senior committee meets at 8.

Food and soft drinks are provided free at VFW dances.

## L.G. Ave. to Open Next Wk.

"Probably the latter part of next week," is Ralph Loveland's latest estimate on the opening date for the Lemon Grove avenue freeway off-ramp system.

General clean-up, installation of signs, a seal coat and striping are all that remain to the project which began in December 1974.

There will likely be no special ribbon-cutting ceremony since the Lemon Grove access is lumped with the Spring st.-Campo rd. interchange which is still under construction, says Loveland, on-site engineer for both phases.

The new Lemon Grove avenue bridge and access ramp link Lemon Grove's central business area with Freeway 94 and create a new street connecting Imperial avenue at its southern extremity to High st. to the north.

## Area Obituaries

### Forest Headrick

Services were held Monday for Spring Valley merchant Forest Headrick, 69, who died Friday in a hospital.

Headrick, of 9902 Jamacha blvd., died Friday in a hospital.

He had run Bill's Market for 26 years.

A native of Nebraska, he moved to Spring Valley 26 years ago.

Burial in Greenwood Memorial Park followed the Monday services.

Wife Ileen, a son, a sister and a granddaughter survive.

### Roxanna Hewat

Cryptside services were held December 31 for Roxanna Hewat, 73, of 6769 Central ave., Lemon Grove. She died December 27.

She is a former school teacher but never taught in the Lemon Grove School district.

A native of Nebraska, she came to San Diego in 1923 and at State College she was a member of the Glee Club. For a brief while she taught school in La Jolla before going to New York to study voice.

She lived for a time in N. Adams, Mass. before returning to San Diego in 1951 to become a bookkeeper for the Radiology Medical Group. She became an officer in the California Federation of Women's clubs and president of the Parliamentary Law club.

She was active in Community Chest and the Republican Women's organizations.

A brother, a sister and eight nieces and nephews survive.

### Church Screens Film

"Time to Run," a film that is a mixture of problems and solutions, is shown Sunday at Casa de Oro Baptist Church, 10195 Madrid way, Spring Valley. The feature is shown once beginning at 6 p.m.

# Christian Church Leader Meets District Jan. 18

Dr. Roger Carstensen. president of Christian College of Georgia, meets with Christian Church leaders and the San Diego public Sunday, January 18 for a lecture and Bible study.

Dr. Carstensen meets with all interested to share a program of personal and group Bible Study at 5 p.m. in the library of University Christian Church, 3900 Cleveland ave., San Diego.

He will also speak at a district gathering of Christian church leaders at 7 p.m.

Humorist, poet, Old Testiment scholar and master of the art of oral communication, Dr. Carstensen is guaranteed to entertain and inspire with his rib tickling humor and incisive insights into the scriptures, according to Ronald E. Nowlin, pastor at Vista La Mesa Christian Church.

Medical Programs

## *Studying the Three M's:*

Medicare, Medicaid, Medi-Cal. What's the difference?

Those who are under 65, who are in good health or who are financially well off, needn't trouble themselves for an answer. But for many, a straight answer to this riddle may be critically essential.

Medicare and Medicaid both help pay medical bills, but they are not the same. Medicare is for almost everybody 65 or older, rich or poor. Medicaid is for certain needy and low income people such as the aged, the blind, the disabled, and members of families with dependent children. Some people qualify for both.

Medicare is an insurance program which pays only part of hospital and medical costs for people who are insured. It is financed by payroll contributions and monthly premiums paid by insured persons and by the Federal Government.

Medicaid is an assistance program which pays for many health services including hospital care and doctor's fees. It can pay what Medicare does not pay for people eligible for both programs. Medicaid is financed by Federal and State Governments.

Since Medicare is a Federal program, it is the same all over the United States. Since Medicaid is a Federal/State program, it varies from state to state. In California, the Medicaid program is known as Medi-Cal.

To apply for Medicaid, go to your local Welfare Office. To apply for Medicare, go to your Social Security Office.

A free booklet on this subject can be obtained by writing the Consumer Information Center, Pueblo, Colorado, 81009.

### Home Nursing Course Offered by Red Cross

The American Red Cross will offer a course in Home Nursing from 9 to 3 p.m. January 12, 19, 26 and February 3 at the main ARC Chapter, 3650 Fifth ave. The course will include bed bathing, patient feeding, learning vital signs of illness, and body mechanics.

All persons interested in learning the various aspects of home nursing are eligible.

The Nursing Department of the American Red Cross can be reached at 291-2620 ext.-272.

### Museum Charts Sea Mammal Comeback

Sea otters, once believed to be nearly extinct, are the topic of a talk by Sea World's Assistant Curator of Mammals at the Natural History Museum in Balboa Park. Jim Antrim will lecture on the furry creatures Wednesday evening, 7:30 at the Museum.

It was a successful conservation effort which helped a group of 20 or 30 animals sighted in the Big Sur area in the early 1920's to proliferate and boost their population to over 2,000. Antrim will illustrate his talk with a film.

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# Area Births

The following is a list of births recently recorded at Grossmont Hospital.

**December 17**

Mr. and Mrs. Donald E. Fuchs, Sr., Lemon Grove, a boy, Donald Edward, Jr.

**December 21**

Mr. and Mrs. Erwin Rey Cablayan, Spring Valley, a girl, Tanya Cassie Josefina.

Mr. and Mrs. Robert K. Keator, Spring Valley, a boy, Christopher Michael.

**December 22**

Mr. and Mrs. David E. Bowman, Spring Valley, a boy, Martin David.

**December 23**

Mr. and Mrs. David P. Jobe, Lemon Grove, a boy, Grant Montgomery.

Mr. and Mrs. Harold M. Philo, Jamul, a boy, Telly C. J.

**December 24**

Mr. and Mrs. Steven M. Apple, Spring Valley, a boy, David Michael.

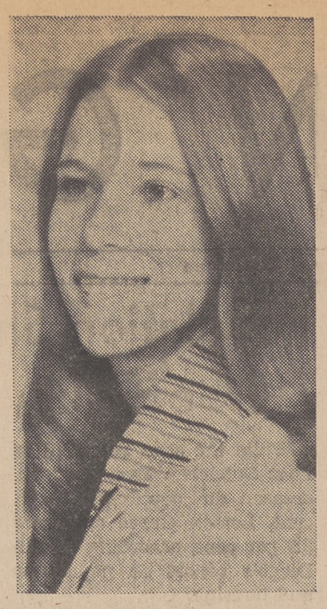
**December 25**

Mr. and Mrs. James Olen Stobaugh, Jr., Spring Valley, a girl, Cambria Irene.

**December 28**

Mr. and Mrs. Delfino H. Gutierrez, Spring Valley, a girl, Delfina Airam.

Mr. and Mrs. David G. Chavez, Lemon Grove, a boy, David Steven.



WEDDING PLANS — Mr. and Mrs. Wyman Rider announce the engagement of their daughter, June Claire, to Paul Anthony Kerrigan, son of Mr. and Mrs. A. Paul Kerrigan of La Mesa. Miss Rider is a graduate of Mt. Miguel High and San Diego State University. Her fiance was graduated from University High and Brigham Young University. He is currently completing studies at Western State University College of Law and is doing graduate work at San Diego State. A fall wedding is planned.

# Licensed To Wed

SAN DIEGO — (NEWS-WEST) — Marriage licenses were issued to these people in the week ending December 22:

Robert Eichholz, 24, Spring Valley and Cindie Buckner, 24, San Diego.

Terry Gray, 20, San Diego and Cindy Lewis, 20, Spring Valley.

David Hughes, 22, Lemon Grove and Maren Sutton, 25, Lemon Grove.

Wayne Jackson, 18, Spring Valley and Dahlia Ortegg, 18, Spring Valley.

John Silcott, 30, Lemon Grove and Janet Fields, 20, Santee.

Michel Ursillo, 22, Spring Valley and Linda Rowland, 21, San Diego.

Marriage licenses were issued December 25-31 to these people:

Antonio Borrego, 43, Spring Valley and Maria Montoya, 29, San Diego.

Eugene DeLong, 36, and Ruth King, 18, both Spring Valley.

Timothy Horton, 25, and Kathleen Wade, 25, both Lemon Grove.

Richard James, 26, and Dianne Hill, 21, both Lemon Grove.

Ray Moore, 23, Lemon Grove and Barbara Reynolds, 20, La Mesa.

Robert Older, 26, Spring Valley and Sandra Wigginton, 25, San Diego.

Donald Wilder, 29, and Sharon Lay, 25, both of Lemon Grove.

### Whitley Daughter Wed

It was a New Year's Eve wedding for Deborah Whitley, daughter of Mr. and Mrs. H. Dean Whitley of Spring Valley. The bride was married at the Whitley home to Michael Taylor, a Monte Vista High graduate whose parents, Mr. and Mrs. Eugene Taylor, live in Campo.

Rev. James Ramsey of Bancroft Baptist Church conducted the ceremony.

The former Miss Whitley is a graduate of Mt. Miguel High.

The couple will reside in Riverside.

### Symphony Project Needs Musicians

The San Diego County Symphony, under the direction of John Metzger, will open the spring semester rehearsals on January 26.

The orchestra meets every Monday and Thursday evenings 6:30-9:30 in the Hoover High music room, 4474 El Cajon blvd.

The program is sponsored by the East San Diego Community College Adult Education Center and all musicians qualified over 18 years of age are welcome to come and play some of the great symphonic works.

Preparations are being made for two concerts this spring. Cello, viola, and horns are especially needed to balance the orchestration of the symphonic works.

Director John Metzger can be reached at 295-2941.

**Chew-Lew**

Chewing gum is one of the oldest consumer products. It was first made by Greeks as early as the first century AD from the gum of the mastic tree.

## CLUB WOMAN'S CALENDAR

# Women's Organizations To Spotlight 'Crime'

A massive inquiry into crime has been launched by the General Federation of Women's Clubs, through its 13,067 affiliate organizations whose membership totals 600,000 women, as part of "Hands Up," a national volunteer effort to reduce crime, according to Mrs. John Barbour, of La Mesa, state president of CFWC.

She said that the Lemon Grove and Spring Valley Women's clubs are active participants in the program.

Mrs. Walter Shimp and Mrs. John D. Shinn are presidents of the Lemon Grove and Spring Valley clubs respectively.

It is the first step in the National "Hands Up" Compaign which is funded through a grant from the U. S. Justice Department's Law Enforcement Assistance Administration to the General Federation; and is the first such inquiry to actively survey private sector social service agencies along with the general public, acording to the National Council on Crime and Delinquency who assisted in the inquiry's development.

Designed to provide an overview of the work done in the criminal justice area by such private agencies as United Way, Legal Aid Society, Community Chest and others, it will also serve to identify obstacles faced by these agencies in their related work and additionally, it will seek to determine attitudes of the general public as they relate to current crime issues.

Thrusts of the campaign are: A national inquiry of private social service agencies for GFWC members and the general public on their role in crime prevention; a national Crime Prevention Summit; local crime summits to be mounted by GFWC clubs nation-wide in cooperation with community media and private sector support, and the organization of local action groups to launch specific crime reduction programs in communities throughout the United States —the ultimate goal of "Hands Up."

# Consumer Group Rep Talks At LG Woman's Club Lunch

A representative of the California Public Interest Group gives a talk to the Lemon Grove Woman's Club Friday. The timely talk on consumer protection begins at 1:30 p.m. at the 2810 Main st. club house.

Refreshment hostesses are Mmes. Margaret Hamilton and E. R. Warren. Guests are welcome.

In planning the 1976 budget, the club, an affiliate of the Southern District No. 26 California Federation of Women's Clubs, has allocated monies for sponsoring a Girls' Bobby Sox league, a Paul De La Cruz Memorial gift to the deaf, a summer camp program for sixth grade boys, continued support of the Sensorial Trail and a revolving shoe fund for needy children in the Lemon Grove School District. The club will also make a donation to the Del Cerro Woman's Club which is trying to purchase two school buses for handicapped children.

### *New Year Plotted at Pot Luck Dinners*

Plans for the new year will be discussed by General Chairman Mrs. Mary Overby as the Past Matrons and Patrons Association of the San Diego County Order of the Eastern Star meets for a pot luck dinner at 6 p.m. on Saturday, January 10.

Members and guests will bring hot dish, salad or dessert plus table service to the Fairmount Recreation Center, 4077 Fairmount ave., San Diego.

Games and cards are also planned for the evening.

### SV Women Celebrate Founder's Day Wed.

The Spring Valley Woman's Club meets Wednesday at noon to celebrate Founder's Day at the Ox Bow Restaurant, 9816 Campo rd.

Mrs. A. M. Peters will present a program honoring the club's past presidents. The club was organized in 1948 and became a Federated Club in 1960.

Mrs. Harry Engle, president of the Southern District No. 26 of the California Federation of Women's Clubs, will be an honored guest.

An art show follows, where junior artists from local schools will compete for entry in the Southern District No. 26 Arts and Crafts Competition, to be held later this month.

### Slide Show Booked

Helix Showmasters will present "Caribbean Adventure," a narrated color slide show by Grant and Ella Marschman of Spring Valley Friday, at 7 and 8:30 p.m., in the Ben Polak Auditorium, 8053 University ave., La Mesa.

There is no admission charge.

The show features a cruise to San Juan, St. Croix, Santo Domingo, Aruba, Curacao, Caracas, Trinidad, St. Vincent, Barbados, Martinique, Dominica, Antigua and St. Thomas.

**Bell-Cracking**

The Liberty Bell was cracked on July 8, 1935, while tolling the death of Chief Justice John Marshall.

# Sunday Services

**FIRST BAPTIST CHURCH OF LEMON GROVE**
**(Affiliated with the Southern Baptist Convention)**
**2910 Main Street P.O. Box 236**
**Robert Kleinschmidt, Pastor Phone 460-4811, 465-9794**

Sunday Bible School 9:30 and 10:50 a.m.
Morning Worship Services 9:30 and 10:50 a.m.
Sunday Training Hour 6:00 p.m.
Evening Worship Service 7:00 p.m.
Wednesday Bible Study and Prayer 6:30 p.m.
Nursery and toddler care at all services.

**THE UNITED METHODIST CHURCH OF LEMON GROVE**
**3205 Washington Street 466-8065**

M-F Weekday Pre-School for 3-5 Year Olds
9:00 A.M. Church School 10:30 A.M. Worship Service

**ST. JOHN OF THE CROSS CHURCH**
**8086 Broadway Rectory 466-3914**
**Lemon Grove, California 92045**
Saturday Mass 8:15 a.m. and 6 p.m.
Nursery Attendant provided.
Masses: For Mass schedule telephone church Rectory.

**LEMON GROVE LUTHERAN CHURCH**
**2055 Skyline Drive at Alton Drive**
**Rev. Herbert Johnson, Pastor 465-7301**
Worship Services, 8:15 a.m. & 10:30 a.m.
Sunday School, 9:30 a.m.

**ST. PHILIP'S EPISCOPAL CHURCH**
**Palm at Hardy Drive, Lemon Grove**
**Rev. Kenneth R. Johnson, Rector 466-8055**
SERVICES: Sundays, 8 and 10 a.m. Wednesdays, 10 a.m.
Church School and Nursery Care, Sunday, 10:00 a.m.

Exodus 15:1-2
*Then sang Moses and the children of Israel this song unto the Lord, and spake, saying, I will sing unto the Lord, for he hath triumphed gloriously: the horse and his rider hath he thrown into the sea.*
*The Lord is my strength and song, and he is become my salvation: he is my God, and I will prepare him an habitation; my father's God, and I will exalt him.*

**THE CHRISTIAN CHURCH 465-1888**
6970 San Miguel Ave., Lemon Grove
Michael D. Maxson, Minister
Cynthia Ratekin, Pre-School Director
9:30 a.m. Bible School
11:00 a.m. Morning worship
5:00 p.m. Youth and family activities
6:00 p.m. Evening worship
9:00 a.m.-12:30 p.m. Pre-School Monday and Wednesday

**SKYLINE WESLEYAN CHURCH**
**1345 Skyline Drive, Lemon Grove**
**Skyline Drive at Jamacha Road**

| | |
|---|---|
| **Rev. Orval C. Butcher, Pastor** | **Phone 460-5000** |
| Worship Service | 9:30 and 11:00 A.M. |
| Sunday School | 8:15, 9:30 and 11:00 A.M. |
| Children's Church | 9:30 A.M. |
| Sunday Evening Expression | 6:30 P.M. |
| Wednesday Evening Bible Involvement | 7:00 to 8:30 P.M. |

**CASA DE ORO BAPTIST CHURCH**
**Freeway 94 and Sweetwater Springs Boulevard**
**10195 Madrid Way Spring Valley**

| | |
|---|---|
| **Rev. J. Gordon Platt, Pastor** | **469-3196** |
| Sunday Bible School for all ages | 9:45 a.m. |
| Sunday Celebration and Worship | 11:00 a.m. |
| Sunday Evening Koinonia Fellowship | 6:00 p.m. |
| Wednesday Family Night | 7:00 p.m. |

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Baha'u'llah

'Oh! vostoros, pueblos del mundo! La religion del Dios es para el amor y la union; no la hagais las causa de eenemistad y conflicto."
Baha'u'llah

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Eat and Grow Younger

# Dry Skim Milk: Cheap Source of Vitamins, Protein; Low Calories

By Lelord Kordel

*Number Eight of a Series*

Milk, man's first and oldest beverage, has taken on a new form that puts it in the front ranks of concentrated protective foods. I refer to dry skim milk — an inexpensive, readily digested, high-protein food that is handy to use and short on calories.

I must confess to taking a few liberties with history when I say that dried milk is "new." Actually, long before the birth of Christ the ancient Egyptians prepared a concentrated milk by drying it in the sun.

And the sturdy Mongol horsemen who made up the invading armies of the conqueror Genghis Kahn were supplied with sun-dried milk as a concentrated marching ration that would assure them full nourishment necessary for their strenuous campaigns.

**Helps Diet Program**

So, we're a few centuries late in learning that dried milk ls a wonderfully concentrated food. If everyone in this country were to use this economical food in their daily diet, it could overcome the widespread deficiencies of protein, calcium and riboflavin which afflict thousands upon thousands of persons, causing them to fall ready victims to the diseases and problems of aging.

Did you know that the addition of even so little as a tablespoonful of powdered milk to your daily servings of food would be a worthwhile contribution to your Eat-and-Grow-Younger program?

Did you know that powdered skim milk is tolerated by persons who find whole fresh milk hard to digest?

Did you know that the highly concentrated amounts of protein, calcium and riboflavin in dry skim milk can help prolong your "prime of life" and aid you in retaining youthfulness?

A mistaken belief popularly held about fresh milk is that the "richer the milk, the better." Nothing could be further from the truth. The protein, minerals and vitamin B-complex (riboflavin and thiamine mainly) are all contained in the skim milk, not in the cream.

If you want to gain weight, dry skim milk, used liberally, will provide extra amounts of the protein, minerals and vitamins, lack of which probably caused you to be underweight in the first place.

If, on the other hand, overweight is your problem, and yours should be a reducing diet, then dry skim milk is equally good. Liberal amounts of this powdered skim milk can be used without making your calorie count jump up like the thermometer on a hot day.

This milk can be incorporated into your reducing menu in a number of flavorful and appetite-satisfying ways. Moreover, the highly concentrated protein in this type of milk is a valuable aid to a high-protein reducing diet, since the more protein you eat (without adding calories) the more quickly your sluggish thyroid gland can be prodded into taking over and bringing your body weight back to normal.

**Skim Milk Can Help**

Then again you may not like the taste of either sweet milk or buttermilk well enough to drink it. If so, dry skim milk makes it possible for you to obtain all the health-protective values in this protein food without offending your sense of taste.

Incorporate at least one-half cup of the milk powder into your food each day, and you'll get all the benefits of a quart of fresh liquid milk.

Right now powdered skim milk is the biggest food bargain of all. You can slice your milk bill to a third with powdered skim milk as well as supplementing your diet with the valuable proteins and vitamins and minerals found in this wonderful food.

From the standpoint of economy and convenience alone, housewives tell me they would not be without skim milk powder after once using it! Yet economy and convenience are but two of the advantages gained by the advent of dry skim milk.

A teaspoon of skim milk powder thoroughly mixed into the beaten eggs makes wonderful scrambled eggs for breakfast, an excellent high-protein dish with which to start off the day. At lunch, dry skim milk can be added to soups. At dinner, the fruit pudding or egg custard served for dessert should contain a tablespoon or more of dry skim milk in addition to the liquid milk specified in recipes.

If you want an extra-juicy-extra-plump and extra-rich broiled hamburger soon, just add a couple of tablespoons of skim milk powder to the mixture.

For about 40 cents a day you can furnish 60 percent of your family's daily protein allowance. Compare this with getting an equivalent amount of complete protein from any other sources. Your savings in the food budget can be quite substantial.

Dry skim milk can help build strong and healthy bodies in childhood and adolescense. In adult life, it will help maintain and sustain you. In old age, it can help you find the balanced level of nourishment that can ward off the illnesses associated with increased years.

Is there a real need for dried skim milk? With more than half of our "civilized" people losing their youth before they are 40, I should say there is.

# Flame Retardant Fabrics Basis for Woman's Show

FR SHOWCASE '76, the first fashion show — luncheon in the nation to be devoted exclusively to flame retardant fabrics will be presented at the Vacation Village Hotel, January 24 at noon.

Sponsored by the San Diego Junior Woman's Club, the show represents a major effort to raise funds for the Regional Burn Center of San Diego and Imperial Counties.

The Burn Center, which is currently undergoing expansion, from six intensive care beds to 14 beds at University Hospital, will feature a Skin Bank and Clinical Support Laboratory. The sale of opportunity tickets at the show will go toward the creation of the Laboratory, while other proceeds will benefit the Center in general.

Commentated by Mrs. Jean Roundtree of Los Angeles, FR SHOWCASE '76 will feature ready-made flame retardant garments. Major textile manufacturers are providing material for the home-sewn portion of the show. Models will include many local radio and television personalities. The entire show will be filmed for national use in consumer education programs on FR fabrics in the coming year.

# Writers' Classes Part of UCSD Winter Session

UC San Diego Extension offers writers and would-be writers a variety of programs during the winter quarter.

Two writing courses, plus a one-day seminar on the world of writing, and a manuscript criticism service are described in the current "Explore" catalog.

The courses are "Writing for Motion Pictures and Television" led by television and screenwriter Howard Browne, and "Writing to Sell" with columnist Don Freeman of the "San Diego Union."

Students can attend Browne's course Tuesdays or Wednesdays, starting January 6 and 7.

Freeman's ten-week course begins January 12 at 7 p.m. in the viewing room of KGTV-Channel 10.

The one-day program, "Finding Your Place in the Writing World," is conducted by writer and photographer Helen R. Ellsberg on February 21.

The "Explore" catalog, mailed by telephone request, details registration procedures.

# LG School to Start Parent Lecture Series

The Parent Education Program and the Social Work Unit of the Lemon Grove School District will sponsor a series of lectures for parents beginning Wednesday.

Meetings will be held in the Vista La Mesa school auditorium at 7101 Pearson st .

Topics for the six lecture series were chosen on the basis of parents' expressed interests.

Here is the schedule:

"How to Provide Good Nutrition on a Limited Budget," Wednesday, January 14.

"Behavior Modification Techniques for Child Raising," January 29.

"How to Effectively Assert Yourself (Assertation Techniques for You and Your Child)," February 11.

"Stages of Child Development and Its Implications," February 24.

"Building Self Esteem and Learning to Actively Listen to Your Child," March 10.

"Principles of Modern Day Math," March 24.

All programs begin at 7:30 p.m.

**Smokers' Tax**

Massachusetts and Connecticut have the highest state taxes on cigarettes, 21 cents a pack.

MISS CREDIT UNION — Pat Newberry, seen at her coronation as California's 1976 Miss Credit Union in November, received national notoriety last week as she appeared on the California Credit Union float in the Pasadena Rose Bowl Parade. Miss Newberry lives in Lemon Grove. The float on which she rode won Sweepstakes in the parade.

## This Week's RECIPE

## Party Treat: Sweet Sour Meat Balls

Take meatballs out of spaghetti sauce and transplant them into a plate of sweet and sour sauce, carrots and green peppers and you've got a tantalizing party dish with an Oriental flare. Sweet and Sour Meat Balls serve up in less than an hour.

**SWEET AND SOUR MEAT BALLS**

**½ cup fine dry bread crumbs**
**2 Tbsp. minced onion**
**½ teas. salt**
**Dash pepper**
**½ cup milk**
**1 pound ground beef**
**1 egg, slightly beaten**
**¼ cup cooking oil**
**1 beef bouillon cube**
**¾ cup boiling water**
**2 carrots, pared**
**1 green pepper**
**⅔ cup sweet and sour sauce**
**3 Tbsp. teriyaki sauce**

Combine bread crumbs, onion, salt, pepper and milk, Add beef and eggs; mix well. Shape mixture into 20 balls. Brown in hot oil in skillet; remove to shallow baking pan.

Dissolve bouillon cube in water and pour over meat balls. Cover and bake at 350°F for 30 minutes.

Meanwhile, cut carrots into thin strips 2 inches long. Cook in small amount of boiling water for 10 minutes; drain. Cut green pepper into one-inch pieces. Cook as for carrots for 3 minutes; drain. Add vegetables to meat balls, Combine sweet & sour and teriyaki sauces; pour over all, stirring gently. Cover and bake 20 minutes more. Serve with chow mein noodles or hot cooked rice. Serves five.

**Lemon Grove Review**

**Lemon Grove, California**

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GOLFETTES — Spelling it out in their 1976 costumes, the AWSDO girls will welcome fans to the Ninth Annual Andy Williams San Diego Open golf tournament Feb. 11-15 at Torrey Pines golf course. From left, they are: Mary Jo Bakich, 20, San Diego; Kathy Moore, 19, La Mesa; Cindy Azevedo, 19, Lakeside; Becky Lynn Durick, 18, Vista; and Luann Adams, 18, Coronado.


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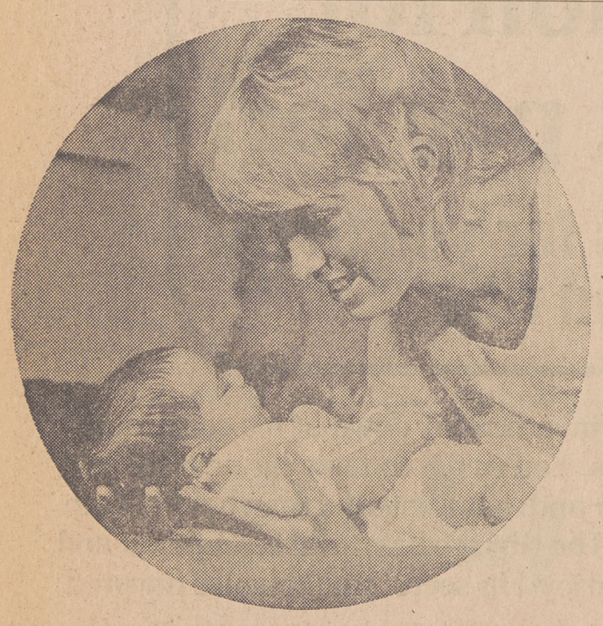

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## L.G. Racers Score At Awards Banquet

San Diego area racers walked off with more than 20 honors Saturday night at SCORE International annual awards banquet at the Sheraton-Universal Hotel.

Mario Alesi of Lemon Grove was awarded $233 for his 552 overall points in Class 7 (Mini pickups). He also took an Off-Roadsman of the Year award in the same class.

Johnny Johnson, Lemon Grove, got $69 for 232 points in Class 11, (Pure Stock VW) and Class 11 Off-Road Sportsman of the Year trophy.

Frank Ball of Lemon Grove won no money on points but he was named Class 6 (Production, 2-wheel drive) Off-Roadman of the Year.

No Spring Valley racer was listed.

## Woman Strongarmed In Center Parking

Mary Ramona Roth of Broadview st. Spring Valley, tugged and screamed when two young, black males strongarmed her Friday night about 6:15 in the parking lot of the shopping center at 555 Sweetwater rd. Spring Valley, but none of the bystanders gave her aid.

The two youths, each about 15-16 years of age and 150 pounds, dragged her 100 feet before she relinquished her hold on her purse which contained about $62 in cash plus credit cards.

One witness agreed to ride with Sheriff's Deputies who responded to the report of the incident but the search was in vain.


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## TAKE FIVE

By John E. Wirges

**The time has come for men to unite. We must cast off the shackles of timidness and chivalry women folk so dearly count as weapons in their attack on the maleness of the world.**

**It is a game with them. They put on pants and play at being a man, but reserve the right to take their pants off and return to womenhood at any time.**

**On the playing fields of that eternal struggle between men and women of the opposite sex, the ladies are taking unfair advantage of man's natural sportsmanship and general all around sense of fair play.**

**It used to be the gals would ask for things with a sweet smile and a flutter of eyelashes. Now they demand what they call their "rights" with anger in their tone and defiance in their voice.**

**The gals are usurping man's natural superiority and rightful place as the head of the family with a self-centered, self-serving, self-righteous opinionation and open revolt against the proper order of things.**

**Like sheep, women allowed "style" to raise their hem line so far up nothing was left to the imagination and wearing pants was their only escape. And once in pants they began making noises like their better halves.**

**Women demand equal pay for equal work, a performance of which most are incapable. And they invade occupations historically reserved for man and his abilities, not the least of which is good fellowship.**

**Women bartenders. Bah. How can you speak of baseball, football or chasing girls with the guy behind the bar when the bartender is a female of the opposite sex, her own self.**

**And look at the other jobs they force open to appease their vanity. Auto mechanics. Airline pilots. Administrators. Executives. Writers. Photographers. Lawyers. Judges. A myriad of occupations better left to the strong judgments of men have been assaulted in force by females in the strange quest of proving women are the equal of men.**

**It's absurd. Is nothing holy? Must man's innate sense of fair play and justice be toyed with and put upon? Is there nothing women will not attempt to satisfy this strange desire to change the proper order of things?**

**They have even invaded that bastion of maleness, that symbol of manly accomplishments, the most theatrical of employments, sportscasting. They represent the electronic media mostly, not the legitimate press. But that is only because women wouldn't work under these conditions, work these hours or work for so little money.**

**But, oh the pain. The hurt. To see a woman fumble over details of man's most important athletic accomplishments. It brings tears to one's eyes.**

**It goes on and on. Women everywhere. In the pressbox, on the field. God help us, even in the locker room. They invade everywhere and, like the Golden Horde riding out of the east, nothing seems to stop them.**

**Save men like Paul Bracken and Charles Mitchell. They are champions of male pride, defenders of the proper order, men among men. They said, "No."**

**Bracken, manager of El Vino's wine bar on Fleet st. in London, England, stood up and told Maggie Brittain to sit down. Maggie and three female friends had bellied up to the bar and ordered a round.**

**It is a 96-year tradition at El Vino's that women sit at tables to be served. "When ladies were ladies," reflected owner Mitchell, "they would never dream of standing at the bar by themselves."**

**Three cheers for Bracken and Mitchell. There should be more men like them around. After all it's part of man's responsibility and his duty to protect womenkind from hurting themselves on these flights of fancy.**

**And history is on our side. Pretty soon now the revolt will be over and the gals will leave broadcast booths, brick yards and other invaded territories to return to the kitchen and other home employments.**

**'Cause just as soon as fashion designers pull down the pants and put women back in skirts, they'll start behaving like ladies again.**

**And that'll be nice, because deep down, where it really counts, girls are different from guys. Even if they wear pants and try to prove otherwise.**

**So take heart, men. Grit your teeth and wait. This too shall come to pass.**

## Girls' Softball Team Schedule Benefit Game

A benefit baseball game between the Mt. Miguel Girls' Varsity Softball team and the faculty has been scheduled for Saturday, under the lights at the Spring Valley Bobby Sox field at the Bancroft Elementary school at 7 p.m.

Funds raised from tickets, which are $1, will be used to purchase uniforms for both the Junior Varsity and Varsity teams.

A prize of $100 in groceries will be given as a door prize at the game.

Funds above the expense of uniforms will go into a swimming pool fund at Mt. Miguel.

On the Varsity roster are: Coaches Jane Trude, and Jim Stallard, Manager Marge Stallard, Judy Bannister, Cindy Carroll, Denise Christensen, Karen Graybuel, Chris Jordan, Sue McPherson, Theresa San Fillipo, Barbara Smith, Doreen, Georgine and Jenny Stallard.

### Free Boat Courses

Free boating courses will be held throughout the county this month by U.S. Power Squadrons organizations.

The 10-lesson boating course is given free.

Locally it will be at Helix High school, starting January 28 at 7 p.m.

The public information officer for USPS is H. H. Ross, at 233-7141 or 292-0571.


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# Geiberger, Comeback Player of the Year

By Stan Wood

LA COSTA — Al Geiberger of Silver Lakes Resort, Calif., will be honored by West Coast writers and sportscasters as "Comeback Player of The Year" Monday, at the La Costa Resort Hotel, Spa and Country Club.

The former PGA Champion will play a round of golf with the sports media, then will be honored at a dinner in the La Costa Clubhouse.

Mutual of New York and La Costa, sponsors of the prestigious MONY Tournament of Champions, will be hosts.

After an extended slump, Geiberger had his finest season in 16 years on the PGA Tour in 1975. He won two tournaments, finished second in four others and collected $175,693, sixth best on the money list. It was the first time the former USC star reached the $100,000 plateau.

**Champion of Champions**

The stylish-swinging Geiberger could also be honored as "The Champion of Champions." He won the MONY Tournament of Champions — open only to winners of major events — and the Tournament Players Championship in a record-smashing performance.

Geiberger won the MONY T of C the heart-tugging way. He three-putted the final hole, causing a playoff with South African Gary Player. Then Al birdied the first extra hole to prevail.

Besides his victories, Geiberger was second in the Greensboro and Hawaiian opens, the U. S.-Japan Invitational and was runner-up to Hale Irwin in the Picadilly Match Play.

Al's $175,693 was nearly double his previous earnings high and moved him to 17th place on the all-time winnings column with $794,050.

Geiberger tallied 71.20 strokes a round for 86 rounds in 1975, seventh best on the Vardon Trophy averages.

# Globetrotters Play Here To Aid Journalism Fund

The Harlem Globetrotters will receive a big check for appearing at the Sports Arena twice Sunday, January 25, at 2 and 7 p.m., but their fees have come in other forms on some occasions in the past.

For instance, when they played in Russia in 1959, the Trotters took home fur pelts and postage stamps. Another time they played for carpets and native cloth in India.

One of the most unusual games in Trotters' history was a "command performance" for the legendary French Foreign Legion at its home base in Sidi Bel Abbes, Algeria — on the edge of the Sahara Desert. Since there was a possibility of armed attack during the game, guards manned the fortress walls.

Many consider the Trotters the most incomparable sports team the world ever has known. Every imaginable basketball record has been set by them while performing from Madison Square Garden in New York to the jungles of Luzon Island in the Philippines.

**Bullring Arena**

The Trotters haven't always pltyed on such fine courts as that at the Sports Arena. The famous clowns have played on courts fashioned of canvas or no court at all, in tennis stadiums, in bull rings and they even played in the hallowed halls of the summer home of the leader of the Roman Catholic Church at Castel Gadolfo, 20 miles from Rome's Vatican City.

The Chicago Cubs never have played under the lights in their own park at Wrigley Field but the Trotters have. In 1954 they took a portable light system to the ball park for a night game.

They have been known by peasants and kings throughout the world. Many foreign governments have lauded them for their countless contributions to international acceptance of basketball.

The Trotters San Diego appearances are sponsored by Sigma Delta Chi, Society of Professional Journalists. Proceeds go to the SDX scholarship fund.

Now in their 50th year, the Trotters, again led by player-coach Meadowlark Lemon, have been playing to overflow crowds in many cities in their new season. More than 17,000 watched them in Montreal.

Tickets for the Trotters' games here with the New Jersey Reds can be purchased for $4.50, $5.50 and $6.50 at Bill Gamble's Men's Stores, all Montgomery Ward stores, all Arena agencies and at the Sports Arena box office.

Banquet of Champs

# Sports Stars To Be Feted In February

San Diego's sports stars of 1975, along with some who distinguished themselves in past years, will be feted when the 30th Annual Banquet of Champions is held on Monday, February 2 at Vacation Village Isle Convention Center.

In announcing plans for the event, Anderson Borthwick, president of the sponsoring San Diego Hall of Champions, said it again will be highlighted by the induction of two new members into the County Athletic Hall of Fame and the presentation of two individuals selected as the top professional and amateur Stars of the Year.

Also to be honored will be the men and women athletes from this area who were chosen Stars of the Month during 1975, and their ranks include many who earned national and international acclaim for their sports achievements.

Special awards will be distributed to the high school Coach of the Year and to school administrators and others who have made noteworthy contributions to the advancement of athletic programs.

The banquet, to be preceded by a one-hour, no-host cocktail session, will get underway at 7 p.m. in the Vacation Village Hotel convention facility, and reservations can be made by calling the Hall of Champions, 234-2544. Group tables seating eight are available, and individual tickets at $10 each can be obtained at the Hall, located on Balboa Park's El Prado.

## S.V. Rec. League Standings, Results

Final standings in the La Mesa Girls' Basketball League:

| A League | |
|---|---|
| Green Machine | 9 — 0 |
| Dandy Lions | 5 — 4 |
| Wallflowers | 4 — 5 |
| Scorebusters | 0 — 9 |
| **B League** | |
| Blue Bombers | 9 — 1 |
| Doves | 7 — 3 |
| Green Meanies | 7 — 3 |
| Goldtrotters | 3 — 7 |
| Alice's Army | 3 — 7 |
| Red Knicks | 1 — 9 |

Sunday's results in the Winter Adult Coed Softball League:

Mixed Breed 8, Flyswatters 6.

Balls and Bats 5, Truckers 3.

Santee Sol 10, Yuchier (forfeit) 0.

Rubber Duckies 7, Turkeys 2.

The above leagues are sponsored by the Spring Valley Park and Rec. District.

## Dognap Worth $500

The brindle male Great Dane dog belonging to Frank C. White, Jr. of 3310 Kenora st., Spring Valley, was taken from his home during his absence, he told Sheriff's deputies Saturday.

Neighbors described two suspects who left the area in a car at a high rate of speed.

The dog, White says, is worth $500.

# Padres Pre-Season Includes April 7 Game at Stadium

The San Diego Padres will play a 27-game exhibition schedule during spring training next season highlighted by six outings with the Oakland A's, including one in San Diego just prior to the regular opener, Padres General Manager Peter Bavasi said.

The Padres, who are scheduled to open camp in Yuma, Arizona around the first of March, will not begin exhibition play until March 11, but once the action is underway, the club will have only two open dates before the start of regular season competition.

San Diego will be trying something new this coming season with the playing of an exhibition game in San Diego Stadium against the A's on April 7 to serve as a warm-up for the opener on April 9 versus the Atlanta Braves. The A's, of course, have won the last five American League Western Division titles and were World Champions in 1972-1973 and 1974 before losing in last season's A. L. Championship Series to the Boston Red Sox.

Apart from the six appearances against the A's the Padres will have five outings against the San Francisco Giants, four with the California Angels, Cleveland Indians and Chicago Cubs and two with the Milwaukee Brewers.

## McNab, Former Gull Exec, Takes NHL Capitals GM Post

Max McNab, former general manager of the San Diego Gulls Hockey team, has been named general manager of the National Hockey League Washington Capitals.

McNab has been president of the Central Hockey League with headquarters in Dallas for the past year and a half. He left San Diego when the Western Hockey League suspended after Peter Graham, operator of the San Diego Sports Arena, booked the World Hockey League Mariners into the arena while the Gulls were still tenants.

McNab, 51, replaces Milt Schmidt, 57, who had been general manager of the Capitals since April, 1973 and coach since 1974.

He named Tommie McVie, general manager and coach of the league-leading Dayton Gems of the International Hockey League for the past three years, as the new coach of the Capitals.

**Popular With Fans**

McNab was the most popular sports executive with fans and the Press on the local scene during his association with the Gulls.

As a former player, he served as coach and general manager and then as general manager-vice president of the Gulls.

As player he served with Indianapolis in the American League and the Detroit Red Wings. In the Western Hockey League he was MVP in 1954-1955 with the New Westminster Royals. He joined the Gulls in 1966.

McNab said the challenge at Washington was a great one — consisting of turning the franchise around.

## Mariners Look to Farm For Last-Half Drive

San Diego Mariner coach Ron Ingram may do some roster switching as his WHA team comes to the half-way portion of its 1975-76 schedule.

Currently in the midst of a nine-game road swing, the Mariners have called up three men from their farm system in an effort to shake up some "so-so" play in recent outings.

Showing two wins and a pair of losses in the first four stops of this trip, San Diego winds it up with appearances at New England, Friday, Quebec, Saturday and New England Sunday.

The returning home date for the local skaters is a Thursday, January 15 meeting with Minnesota.

"We're playing .500 hockey on the road and that's a good sign but we could have won all four with a little more consistency," Ingram commented.

As a result, he has sent for winger-center Brian Bye from Roanoke in the Southern League and winger Kelley Secord and goaltender Bob Blanchet from North American League Binghamton.

**Wall Recovers**

In addition, defenseman Bob Wall, out for a month with a broken toe, has rejoined the team and should bolster the blue line corps.

Fast approaching the Jan. 13 all-star game break, San Diego scoring is topped by all-time WHA point leader Andre Lacroix. The little center has amassed 47 points in 36 games to hold an edge over center Ray Adduono, 41 points, winger Gene Peacosh, 37, center Joe Noris, 35, and winger-captain Norm Ferguson, 30. Ferguson and Peacosh both have 19 goals while Lacroix has 34 assists to 32 for Adduono.

**Two For All-Star**

Lacroix, Peacosh and defenseman Kevin Morrison will represent the Mariners in the Cleveland all-star contest which is to be televised in San Diego over KPBS Channel 15 beginning at 9 p.m. local time.

San Diego's current record of 17 wins, 15 losses and four ties compares to 18-17-1 after 36 games a year ago. The Mariners are 12-6-3 at home and 5-9-1 on the road and are are 5-3-2 vs. Eastern Division clubs, 7-6-1 vs. the West and 5-6-1 against Canadian teams.

## Local Talent Sought For Arena Boxing Shows

**By Max Goodwin**

It used to be Ole.

Now It'll be hooray.

Danny Millsap, promoter of monthly professional fights cards at the Sports Arena, said this week that new restrictions on visas and higher costs for obtaining them is causing a shortage of Mexican boxers in this country.

What once took hours to obtain visas often takes weeks and the costs have just about tripled.

So Millsap is trying to put together a card of U.S. natives.

"There's a 240 lb. El Cajon lad who is training at the Dulzura boxing camp. His name is 'Big' John Simmons. He looks promising. Another lad, Johnny Fisher, 205 pounds, who attended Mt. Empire High school, may be a comer. Mike Mitchell, a heavyweight from Mission Beach who fought once at the Coliseum in San Diego just before it closed could be a good attraction.

"It looks like we'll have to depend on local youngsters who haven't had a chance to show their stuff locally."

**Big Names Need Big Crowds**

Millsap said that he is working on a card that may get put together late this month or early next. The attendance at the Sports Arena, he said, has not been conducive to bringing in big names in fighting.

"We'll try to bring along the best local prospects available until they attract regional attention. Attendance will grow with the popularity of the fighters," he said.

He noted that all fighters start at the bottom and that such a start does not prevent sincere and capable fighters from rising in the ranks rapidly.

"We are trying to keep the price of attending fights low enough to allow families to get an evening of good, solid entertainment at a reasonable cost," he said.

"Fighting is clean and honest," he said. "In a one-on-one situation each man has to put out or he's quickly out of the profession."

A professional card must list 26 rounds of boxing before the State Athletic Commission will sanction the card.

"The possibility of getting such a card together in January does not look promising," he said, but I'm trying."

## USIU Racks Up 3 Straight Wins

United States International U. Westerners have won three straight games for the first time this season and move above the .500 mark with a 7-5 record.

Coach Bob Kloppenburg's NAIA District 3 defending champs, who were 4-5 through their first nine games, all played away from home, have won three straight. They conquered Ambassador College, 70-57, Claremont-Mudd, 66-53 and Redlands, 76-73 in overtime.

USIU will travel cross town this week to compete in the annual Point Loma College Tourney. The first round opponent is Biola College, last year's tourney champion who handed USIU its only tourney loss on a disputed field goal at the end, 53-52. Then in the District 3 finals later in the year the Westerners turned the tables on their Northern Division rival, 58-55.

## Baseball, Football Greats Spark Desert Tourney

PALM SPRINGS — John Unitas, the king of football while in his prime as a quarterback of the Baltimore Colts and Bert Jones, his heir apparent there, will show their skills in the 10th annual American Airlines Golf Classic at Palm Springs January 30-February 1.

The $30,000 54-hole tournament being played at Canyon Hotel Racquet and Golf Club, is also attracting three-fourths of the All-star pitching staff in both the National and American Leagues as chosen by Sporting News.

Jim Palmer and Jim Kaat of the American League and Randy Jones of the National, will pitch and putt for the $10,000 first prize in this elite event.

**Diamond-Grid Pairings**

Pairings will be one prominent football player and one baseball player.

Palmer won his second Cy Young for the Balitmore Orioles and was 23-11 with a 2.09 ERA last season — lowest in the AL. Kaat, now with the Phillies, was 20-11 with a 3.11 ERA. Jones, 20-12 and 3.11 was lowest in the NL.

Unitas, now a teevee announcer, has played in seven Classics. Bert Jones, who led the young Colts to a divisional title, and Randy Jones, with the Padres, are making debuts.

Other celebrated athletes are Hall of Famers Joe DiMaggio, Yogi Berra, Otto Graham and Johnny Bench, Reggie Jackson, Mike Schmidt, Greg Luzinski, National League batting champ Bill Madlock, Brooks Robinson, Graig Nettles, Buddy Bell, Reggie Smith, Jim Wynn, Bill Freehan, Bob Tucker, Ed Podolak, Mike Curtis, Lem Barney and defending champions Sal Bando and Marv Hubbard.

## Sharks, 9-1-1 To Meet Bruins

The San Diego Sharks beat West Covina Eagles 9-2 Sunday night in a Pacific Southwest Hockey League game at the Mira Mesa House of Ice.

Marc Metzler had a hat trick with three goals to make his season total 9, and Willie O'Ree had two goals and two assists for a team-leading total of 30 points.

The Sharks are now 9-1-1 and lead the league.

Sunday night, at 7:30 the Sharks take on the UCLA Bruins here.

# 20 Home Games For Friars

The San Diego Friars will play 20 home matches during the 1976 World Team Tennis season opening against Pittsburgh May 4 in the Sports Arena.

The Friars will begin their second season in the three-year-old WTT and host Chris Evert with the Phoenix club three times during the expanded but streamlined home schedule.

Last year's scheduling of doubleheaders packed into "spectacular" weekends has been abandoned in favor of single matches throughout the entire four-month WTT season.

**7:30 Game Time**

Starting times will be 7:30 p.m. with the five-set event (men's and women's singles, doubles and mixed doubles) usually requiring three-hours to complete.

The Friars will play two of their "home" dates in Anaheim. The team's entire schedule is 44 matches.

San Diego has 8 home matches in May; 3 in June (the WTT taks the last two week off in June for Wimbledon); 5 in July, and 4 in August, with the playoffs following the same month.

Billie Jean King will be arriving with New York twice (May 20 and July 29). Evert's first appearance is May [illegible] and Billie's appearance will make her San Diego debut May 7 with Hawaii.

[illegible] Proceed

The Friars [illegible] have announced major reductions in season ticket prices with a courtside seat costing $85, more than 30 percent off the regular individual match price, if purchased prior to April 1. Season tickets in the loge section are $665 and a general admission season ticket is available at only $30, averaging $1.50 a match.

Individual match ticket prices for loge seats have been cut from $5.50 to $5. Courtside seats, 6.50, and general admission, $2.50, remain the same.

And the Friiars have arranged for free parking at all their home matches.

## Aztecs Face Cage Top Scorers Here

Two players who can score points with the best in the country invade Peterson Gym this week, as San Diego State continues its current basketball homestand against Iowa State tonight and Portland State on Saturday. Both games are at 8 p.m.

Ivy, Iowa State's hot-shooting guard, is 11th in the nation in scoring with a 22.5 average. The senior from St. Louis had a high game of 36. Ivy has hit on 100 of 229 field goal attempts for 43.7 per cent.

The Cyclones, however, have Ivy and forward Art Johnson and a 0-10 record. Johnson, 6-6, is averaging 17.0 points and 9.8 rebounds, but no other player on the Iowa State team is averaging over 6.8 points. The Cyclones will start Ivy and 6-2 junior Roman Butkus at the guards, 6-6 Mike Benjamin at center and 6-5 Bo Peake and Johnson at the forwards.

Portland State is another story. The Vikings are 8-4 on the season and have a three game win streak going after tough wins on the raid against Montana State and Montana.

The Aztecs upped tneir record to 7-5 last week with wins over St. Francis (95-87), New Mexico (78-58) and Colorado (78-72).

Forward Steve Copp continues to sizzle, upping his scoring average to 17.2. Copp now has run off four 20 point games in a row and has scored 20 or more points in five of the last six Aztec games. Copp needs just eight points to join eight other 1,000-point makers at State.


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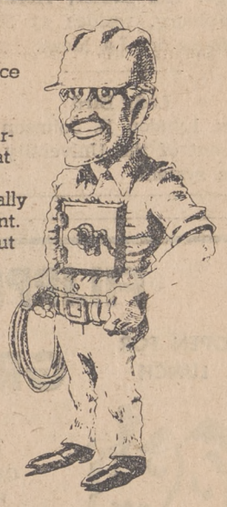

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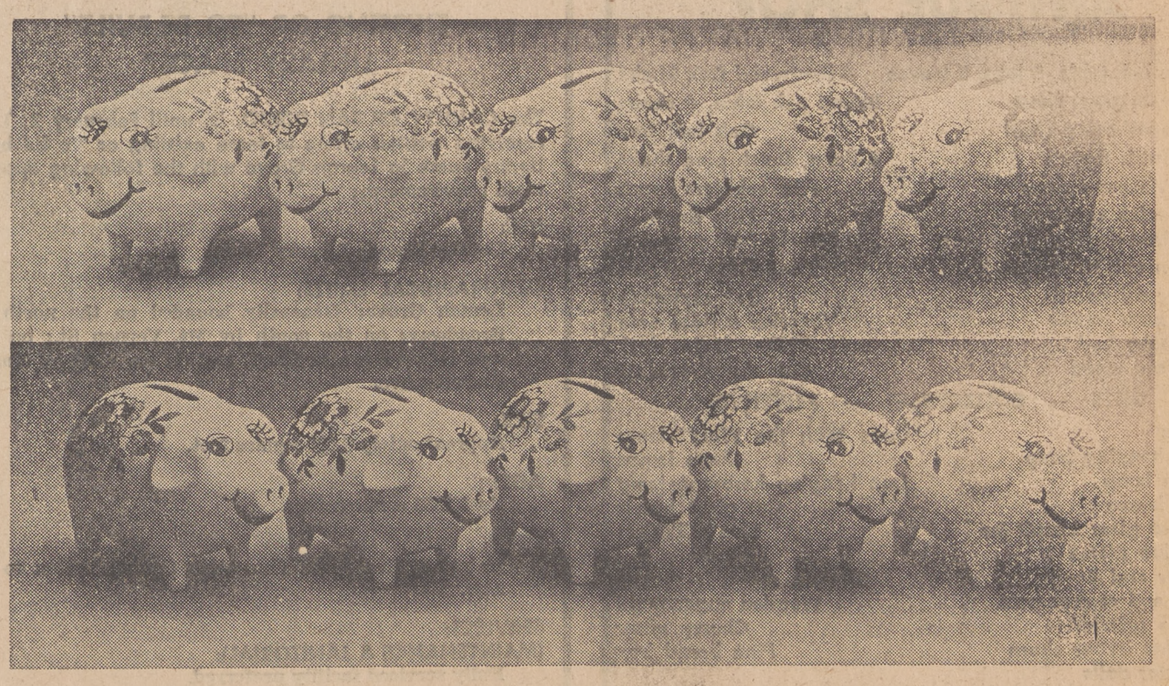

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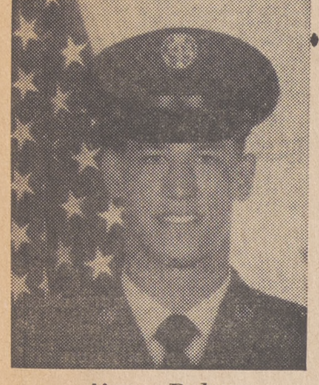
# Our Men In The Armed Forces

## Airman Ricky Radasa

Airman Ricky M. Radasa, son of Mr. and Mrs. Lucindo M. Radasa of 1947 Ensenada st., Lemon Grove, has completed Air Force basic training at Lackland AFB, Tex.



Airman Radasa

During his six weeks training, he studied the Air Force mission, organization and customs and received special instruction in human relations.

The airman is remaining at Lackland for specialized training in the security police field.

Airman Radasa is a 1975 graduate of Mt. Miguel High.

## Pvt. Kenneth Yokeum

Army Private Kenneth E. Yokeum, son of Mr. and Mrs. Richard W. Yokeum, 8841 Zabel st., Spring Valley, was assigned to the 2nd Infantry Division at Camp Hovey, Korea, Nov. 7.

Pvt. Yokeum, a rifleman in Company C, 1st Battalion of the division's 23rd Infantry, entered the Army in May 1975 and completed basic training at Ft. Polk, La.

The 20-year-old soldier is a 1973 graduate of Mt. Miguel High and attended San Diego City College. Before entering the Army he was employed by Triple 'A' South, San Diego.

## Donald Jacobs

Donald W. Jacobs, son of Mrs. Dolores Y. Jacobs of 931 Grand ave., Spring Valley, has enlisted in the U. S. Air Force, according to Sgt. John Richardson, Air Force recruiter in El Cajon.

Upon graduation from the Air Force's six-week Basic Military Training course in San Antonio, Texas, he will receive technical training in the Security Specialist field. He will then be earning credits toward a Career Education Certificate through the Community College of the Air Force while attending basic and other Air Force technical training schools.

## PFC Jeff Halverson

Army Private First Class Jeffrey E. Halverson, son of Mrs. Valarie A. Halverson, 7870 Sanford dr., Lemon Grove, recently received a Parachutist Badge marking his successful completion of the airborne course at the Army Infantry School, Ft. Benning, Georgia.

He underwent a rigorous physical training program, then tested his ability by jumping from 34-foot and 250-foot towers. The final week he was required to make five actual jumps.

PFC Halverson is a 1975 graduate of Mt. Miguel High.

## Fireman Armando Rivas

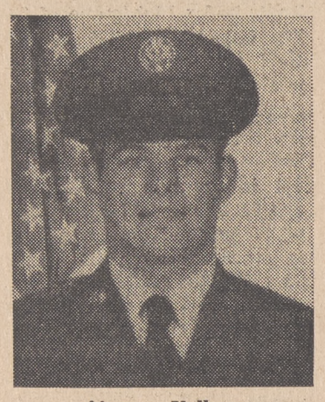
Coast Guard Machinery Technician Fireman Armando D. Rivas, son of Mr. and Mrs. Armando R. Rivas of 503 Alene, Spring Valley, has returned after a three-week deployment to the Western Caroline Islands while embarked aboard the Coast Guard Cutter Basswood, homeported at Guam.

While deployed, he and his shipmates serviced aids to navigation, furnished medical assistance on several of the islands, provided logistics and marine environmental protection, and enforced laws and international treaties throughout the Caroline Island waters.

A 1974 graduate of Mt. Miguel High, he joined the Coast Guard in October 1974.

## Airman M. Volberg

Airman Michael W. Volberg, son of Mrs. Charlene T. Glaser of 6852 Jackson dr., San Diego, has completed Air Force basic training at Lackland AFB, Tex.



Airman Volberg

During his six weeks training, he studied the Air Force mission, organization and customs and received special instruction in human relations.

The airman remains at Lackland for specialized training in the security police field.

Airman Volberg is a 1971 graduate of Patrick Henry High and attended Grossmont College. His father, Herman W. Volberg, resides at 5706 Baltimore dr., La Mesa.

**Lady Bird**

Mrs. Lyndon B. Johnson is a regent of the University of Texas system.

## Stark in Concert In L.G. Jan. 10

Tommy Stark, internationally-known organist will present a special Bicentennial program consisting of pop organ music on Saturday, January 10th at 8 p.m. in the Southland Music Center, 3459 Imperial ave., Lemon Grove.

Although he is a local businessman and entertainer, Stark has traveled extensively throughout the United States and Canada with Xavier Cugat. In addition he has entertained locally at such favorites as the old Harbor House, River Valley Golf Club, The Chateaubriand, the posh Elario's Restaurant in La Jolla's Summerhouse Inn, the King Luis In and La Jolla's Torrey Pines Inn. Currently, Mr. Stark is entertaining at the Organ Power Pizza Restaurants in Pacific Beach and Kearney Mesa.

The special Bicentennial program will include pop organ music played on a number of electronic organs.

Tickets are $2.50 a person and available by mail, at the box office the evening of the performance or by phone—463-0308.

# First Whale Spotted; Watching Season Open

The whale watching season is underway at Cabrillo National Monument where rangers and visitors have been sighting the animals since the beginning of the month.

The start of the annual migration was marked by the December 1st sighting of the first California Grey Whale on its way from Arctic waters to the protected lagoons of Baja California where the behemoths breed and calve.

The number of animals will increase daily through January when they will peak in excess of 100 per day, according to park rangers.

Cabrillo monument is a good place to view the migration, especially at the Whale Overlook Station about 75 yards south of the old Point Loma Lighthouse, where visitors are protected from the wind and rangers can answer questions, they said.

A documentary film recently produced by the National Park Service is shown twice a day at the Visitor Center.

**Boat Excursions Scheduled**

The San Diego Natural History Museum has also responded to the whale watching enthusiasm by scheduling 13 two-hour boat excursions in December and January to bring people even closer to the giant animals.

The trips are led by Dr. Raymond Gilmore, a marine biologist and research assistant at the museum with over 22 years experience with the California Grey Whale.

The excursion will attempt to locate a migrating herd of whales and follow it for a distance to allow plenty of time for observation and photographs.

Passengers will probably have to wait only ten to 30 minutes before sighting a whale when it surfaces and blows, perhaps only feet from the boat according to Dr. Gilmore.

The museum trips are scheduled primarily on weekends with two excursions per day from December 27 to January 11, most leaving at 9 and 11:30 a.m. The charge is $4 for adults and $2.50 for children 12 and under.

Reservations can be made through the museum activities office at 232-3821, or by writing the San Diego Natural History Museum.

# Ca. Cash Flows As Predicted

The State General Fund's cash income and expenditures during the first five months of Fiscal Year 1975-76 have almost matched estimates used in preparing the State budget, State Controller Kenneth Cory announced.

Cash receipts through November 30 were one-half of one per cent above the estimates and expenditures were 2.1 per cent below estimates, he said.

Five-month receipts totaled $3,436,582,325 which was $15.8 million more than had been estimated. Government expenditures totaled $3,772,754,858 which is $79.1 million below predicted disbursements.

Cory said the $336.2 million gap between receipts and expenditures was part of the common pattern of the bulk of receipts arriving in latter months of the fiscal year.

## Home Price Up $100

The latest monthly existing home sales survey shows that the median sales price of a home in California in October increased by $100 over the September figure.

The survey, conducted by the Research Department of the California Association of Realtors, shows the median sales price in October for an existing home was $42,300. This compares to the September figure of $42,200.

# Freedom Train Here Wed. For 5-Day San Diego Run

A memorable mix of dazzling displays, striking scenes and exciting sounds of Americana — The American Freedom Train — goes on display at Miramar Naval Air Station Wednesday. The five-day San Diego stay ends the following Sunday, January 18.

Private automobiles will not be allowed on the base and visitors will be shuttled by buses from three locations: May Co. in Mission Valley, General Dynamics in Kearney Mesa, and the Mira Mesa Shopping Center.

People wanting to see the exhibits can drive to these three sites and take the bus. Roundtrip tickets are 50 cents in addition to the $2 admission charge to the train for the general public and $1 admission for senior citizens and students. Tickets can be purchased at all Sears Stores.

Patriotically packaged in red, white, and blue, the train is a show-stopping steam puffing, whistle-tooting bicentennial salute to America.

The 12-car train carries a fascinating collection of historical documents, priceless objects and memorabilia. The display is a product of The American Freedom Train Foundation, Inc., a non-profit, tax-exempt and non-political organization.

The Freedom Train consists of 10 exhibit cars and two showcase cars.

It is pulled by a 450-ton giant steam locomotive, a former Southern Pacific Daylight GS-4 No. 4448.

## Organ Gift Via DMV Sticker Starts in June

A sticker designating a motorist's willingness to donate a vital organ will be made available after July 1, by the DMV.

The sticker will be distributed free to anyone requesting it. It alerts medical personnel and traffic officers of the person's desire to donate vital organs or parts of the body upon death.

The sticker was authorized by legislation passed in August. The donor of an anatomical gift must be 18 years of age or older.

The sticker must be signed in the presence of two witnesses. It also must indicate the type of anatomical gift, whether it be any needed organ, or just the parts of the body listed.

The sticker cannot be used for whole body donations. A person wishing to donate his or her entire body must make prior arrangements with a university or other institution.

The sticker was urged by the medical profession because of the serious organ shortage in the state.

## Navy Clothes Missing

Nellow McNair, USN, of 449 Ridgeway, Spring Valley, reported to police that his uniforms and other clothes, a typewriter, teevee and radio were taken from his home while he was away on Christmas Eve.

The loss, he said, was about $1,225.

## Pesticide Briefing Set for Wed. in SD

A rerun of a meeting on pesticide laws and regulations is planned for Wednesday in the Farm Advisor's Office, Bldg. 4, 5555 Overland ave., San Diego.

A presentation on Pesticide Workers' Safety follows from 1 to 5 p.m. Meetings are sponsored by the Cooperative Extension of the USDA.

# IRS TAX ANSWERS?

F. S. Schmidt, DISTRICT DIRECTOR, INTERNAL REVENUE SERVICE

This column of questions and answers on federal tax matters is provided by the local office of the U. S. Internal Revenue Service and is published as a public service to taxpayers. The column answers questions most frequently asked by taxpayers.

**Q. I've been out of work and looking for a new job for two months. Are any of my expenses related to the job search tax deductible?**

A. Yes. In a recent ruling, the IRS has determined that expenses directly incurred in seeking new employment are tax deductible under certain circumstances. (Previously, employment agency fees paid only after actually obtaining a job were deductible.) Among the deductible costs of a job search are counseling and employment agency fees, resume preparation, mailing and postage. In addition, reasonable travel and out-of-town food and lodging expenses are now deductible.

However, the IRS says that such job hunting expenses for a trade or business different from the one in which you previously worked are not deductible. If it has been some time since you worked in the field in which you are presently looking for a job, the IRS may disallow your expense deductions.

Furthermore, people entering the labor market for the first time may not deduct their costs for a job search.

**Q. I'm starting a business and expect to hire one or two employees. What kinds of tax records should I keep on these employees?**

A. You must keep all records pertinent to the amounts you deduct from their salaries for Federal and state income tax and social security tax. No particular form of records is required but they should include the amounts and dates of all wage payments subject to these taxes, the names, addresses and occupations of employees receiving such payments and the periods of their employment.

In addition, record the periods for which they are paid while absent due to sickness or personal injuries and the amount and weekly rate of such payments.

Furthermore, you must keep on file their social security account numbers, their income tax withholding exemption certificates (Forms W-4 and W-4E), your employer identification number, duplicate copies of quarterly and annual returns filed and the dates and amounts of deposits made for these taxes, if any. You should keep such records at least four years after the date the tax to which they relate becomes due or is paid, whichever is later.

For further information, you may wish to call your local IRS office and obtain a copy of "Your Business Tax Kit."

**Q. I'm just beginning my practice as a dentist. What tax deductions are available to me as a result of my profession?**

A. If you practice a profession, you can deduct the ordinary and necessary expenses incurred in your practice.

These include memberships in professional societies, subscriptions to technical journals, expenses for the care and maintenance of your car used in your profession (however, commuting expenses from your home to your office are not deductible), office rent and telephone.

Books and professional equipment with a useful life of more than one year must be capitalized and a depreciation deduction may be taken each year until the asset is fully depreciated (but not below a reasonable salvage value).

For more information on business deductions, you may wish to call a nearby IRS office and request a copy of "Your Business Tax Kit."

## Physicals, Blood Tests Dropped for Food Handler Permittees

County Health Department requirements for a physical examination and blood test for syphilis have been dropped for persons applying for work in restaurants and other food handling establishments, it was announced last week.

Effective December 18, persons are required to have only a tuberculin skin test, administered by the County Public Health Department, according to the county's revised Food Handlers Ordinance, adopted last month by the Board of Supervisors.

Physicals have been dropped for applicants of the Food Handlers Registration Card because they were ruled ineffective in detecting infectious diseases spread through the handling of food, according to Dr. Donald G. Ramras, acting director of public health.


ENGRAVING

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Complete Engraving Service

— ALL TYPES

DelRon's 7917 Broadway, Lemon Grove 469-5201

New "Old Things" Weekly

WE BUY & SELL Antiques

we buy

sell

consign

trade

HIGH HOPE ANTIQUE SHOP

| | |
|---|---|
| Square oak table, 5 legs, 5 leaves | 4 Bentwood Oak Chairs |
| Pine immigrant chest | Round oak table, 6 chairs |
| Pine apothecary chest | Oak hall tree |
| Pine hutch table | 6 Penn. Dutch pine chairs |
| Oak Princess dresser | Pine cobblers bench |
| Oak welch cupboard | Pine dry sink |
| Oak dresser, beveled mirror | Pine kitchen cupboard |
| Golden oak rolltop desk | Oak legal file cabinets |
| Wicker sideboard | Oak commode |
| High back rocker | Victorian walnut sofa |
| Oak baby bed | Walnut ladies desk |
| Oak fern stand | Oak dental cabinet |

GIFTS — COLLECTIBLES — PRIMITIVES

| | |
|---|---|
| Clocks | "Gone With the Wind" lamp |
| Brass hanging lamp | Rayo lamps |
| Organ lamp | Iron hanging kerosene lamp |
| Desk lamps | Cut glass bowls |
| Custard glass biscuit jar | Blue milkglass |
| Flo blue plates | Chocolate Pot |
| Pitcher and Bowl | Sterling souvenir spoons |
| Brass and copper pots | Wooden sugar mold |
| Coffee grinder | Cherry pitter |
| Wooden butter churn | Pine bread box |
| Collector dolls | |

SPECIAL THIS WEEK

Solid Walnut Lamp Table ..... $85.00

7921 Broadway, Lemon Grove

465-7830

Business Hours: 11:00 to 5:30

Monday thru Saturday

Eves by Appt. 466-1653

BANKAMERICARD and MASTERCHARGE

Member of Antique Dealers Association of San Diego County



FILIPPI'S PIZZA

OPEN FOR LUNCH

GROTTO

FAST SERVICE

FINE ITALIAN FOOD

OPEN Mon.-Thur. 11 a.m. to Midnight

Fri. & Sat. 11-1 a.m., Sun. 3-10 p.m.

Orders to Go, 460-1831

8035 Broadway, Lemon Grove



WANTED TO LEASE IN LEMON GROVE

EXISTING OR "TO BE BUILT" LIBRARY SPACE*

The COUNTY OF SAN DIEGO, is, until February 2, 1976, receiving written offers to lease existing or "to be built" library space in Lemon Grove with the following approximate requirements:

USE:
County Branch Library

GEOGRAPHICAL LIMITS:
Lemon Grove: Generally bounded on the north by Broadway; on the south by Mt. Vernon St.; on the east by Sweetwater Road; and on the west by Massachusetts Ave.

SIZE:
Approximately 9,000 square feet.

AGE:
Post 1955 construction.

TERM:
10 years, five years firm with County option to renew.

SERVICES:
(MAINTENANCE & JANITORIAL):
Fully serviced facility preferred.

PARKING:
20 on-site exclusive spaces required; 36 spaces desired

AVAILABILITY:
Early occupancy is desired.

Written offers should be addressed to:

COUNTY OF SAN DIEGO
DEPARTMENT OF REAL PROPERTY
ATTENTION: JIM FARRAR
BLDG. 2, 5555 OVERLAND AVENUE
SAN DIEGO, CALIFORNIA 92123

For additional information call: 565-5222 or 565-5217.

*NOTE: Existing California Constitution and Revenue and Taxation Code provisions allow a real property tax exemption for libraries.



Give till it helps.

The American Red Cross. The Good Neighbor.

A Public Service of This Newspaper & The Advertising Council

# Ethnic Breakdown of County's 1.5 Million Seen in Census

A special census conducted in April in San Diego County gathered ethnic data on heads of households. Ethnic origin of the household head was applied to household members in order to calculate total county population by ethnic origins.

The census revealed a total population of 1,559,505. Of that amount, 1,185,852 (76 percent) are listed as having white ethnic origins; 113,004 (7.25 percent) as Latino and 65,533 (4.2 percent) black.

Other figures: 18,787 (1.2 percent) Filipino, 5,534 (.35 percent) American-Indian, 5,525 (.35 percent) Japanese, 3,082 (.20 percent) Chinese, 4,297 (.28 percent) other Pacific Asian, 9,736 (.62 percent) other.

Field error, no responses and certain undeterminable military and civilian group quarters accounted for 148,333 or 9.51 percent unknowns in the study.

Results of the census were published by the Economic Research Bureau, jointly sponsored by the City of San Diego, the County and the San Diego Chamber of Commerce.

## 'Dirty Man' is Dinner Show Fare

San Diego's new Broadway Dinner Theatre has scheduled "The Mind with a Dirty Man" for the balance of January .

It stars Bill Morey in the play which is described as a "naughty comedy" with situations and language that some people might classify as offensive.

The play has been playing to sold-out audiences in Las Vegas for more than a year.

Others in the play are Honey and Sandi Sanders, mother and daughter of New York; Randall Smith, San Francisco; Belle Ellig, "Sound of Music" performer; Bob Mack and Helen French, San Diegans.

Performances at the Broadway Theatre are nightly except Monday. On Sunday there is a matinee.

## Lifestyle, Diet are JCC Lecture Topics

Fran Breslauer speaks on "Behavior Modification and Diet" Wednesday at the Jewish Community Center, 4079 54th st., San Diego.

The talk, beginning at 3:30 p.m., covers 10 rules to change a negative lifestyle to a positive; why, when and where to eat, and why we do things we shouldn't.

## 'Up With People' Booked at Sea World

Up With People, the 80-member interracial, intercultural singing group, brings their full-cast song and dance show to Sea World Saturday for a special concert.

The group, with members from all over the United States as well as countries like Canada, Spain, Mexico, England and Germany, share their spirit through the universal medium of music — contemporary style.

Their performance begins at Shamu Stadium. Admission to the concert is included in the regular admission price to the marine park.

Up With People will also perform January 17 at the Civic Theater.

## LEGAL NOTICES

**NOTICE OF INTENTION TO ENGAGE IN THE SALE OF ALCOHOLIC BEVERAGES**

To Whom It May Concern:

Subject to issuance of the license applied for, notice is hereby given that the undersigned proposes to sell alcoholic beverages at the premises, described as follows:

7346-50 Broadway,
Lemon Grove 92045

Pursuant to such intention, the undersigned is applying to the Department of Alcoholic Beverage Control for issuance of an alcoholic beverage license (or licenses) for these premises as follows:

**On Sale Beer**
KUHL, Eddie
MENDES, Carl

S05407 Lemon Grove Review, Jan. 8, 1976

## LEGAL NOTICES

**NOTICE TO CREDITORS SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF SAN DIEGO**
**No. 110678**

Estate of MARY RIEDER, ) Deceased. )

NOTICE IS HEREBY GIVEN to the creditors of the above named decedent that all persons having claims against the said decedent are required to file them, with the necessary vouchers, in the office of the clerk of the above entitled court, or to present them, with the necessary vouchers, to the undersigned at

c/o MARINOS & STYN
111 Elm Street, Suite 300
San Diego, CA. 92101

which is the place of business of the undersigned in all matters pertaining to the estate of said decedent, within four months after the first publication of this notice.

Dated January 5, 1976
James E. O'Keefe
Executor of the Will of the above named decedent

Robert L. Purvin, Jr.
MARINOS & STYN
111 Elm Street, Suite 300
San Diego, CA. 92101
236-1717
Attorneys for Executor
S05421 Spring Valley Bulletin Jan. 8, 15, 22 & 29

**FICTITIOUS BUSINESS NAME STATEMENT**
**FILE NO. 7510532**

The following person is doing business as: RNP Company at 5960 Wenrich Dr., San Diego, Calif. 92120
Robert C. Packer, 5960 Wenrich Dr., San Diego, Calif.
This business is conducted by An Individual.
Signed Robert C. Packer
This statement was filed with the County Clerk of San Diego County on Dec. 11, 1975.
Expires Dec. 31, 1980
L.G. Review, Jan. 8, 15, 22, 29

**NOTICE OF INTENTION TO VACATE AND ABANDON A PORTION OF CAMPO ROAD CASA DE ORO**
**VAC75-31**

PUBLIC NOTICE IS HEREBY GIVEN that the Board of Supervisors adopted a resolution on Decemer 23, 1975, declaring its intention to vacate and abandon the following described County highway:

**A portion of Campo Road at the intersection of Rogers Road in the Casa de Oro area. A copy of the resolution with a complete legal description is on file in the office of the Clerk of the Board of Supervisors, Room 306, County Administration Center, 1600 Pacific Highway, San Diego, and is available for public inspection.**

The Board has fixed February 4, 1976, at 2:00 p.m. and the North Chamber of said Board, Room 310, San Diego County Administration Center, 1600 Pacific Highway, San Diego, California, as the time and place for hearing on said resolution of intention.

YOUR ARE HEREBY NOTIFIED to appear at the time and place fixed for said hearing and show cause, if any you have, why said highway should not be vacated and abandoned.

For further details reference is hereby made to said resolution of intention on file in the office of the Clerk of the Board of Supervisors, Room 306 of Said Administration Center.

BY ORDER OF THE BOARD OF SUPERVISTORS adopted December 23, 1975.
PORTER D. CREMANS
Clerk of the Board of Supervisors
By Sara Drew
Deputy

Spring Valley Bulletin Jan. 15 & 22, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**File No. 76 0088**

The following person is doing business as: AMERICAN PATRIOT MORTGAGE & INVESTMENT CO. at 140 W. Park Avenue Suite 221, El Cajon, CA 92020
Billy Burke Ivy
193 W. Park Ave.
El Cajon, CA 92020
This business is conducted by an Individual.
Signature
Billy Burke Ivy
An Individual
This statement was filed with the County Clerk of San Diego County on Jan. 5, 1976.
Expires Dec. 31, 1981
L.G. Review Jan. 8, 15, 22, 29

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**
**File No. 76 0087**

The following person has abandoned the use of the fictitious business name AMERICAN PATRIOT MORTGAGE & INVESTMENT CO. at 9635 Grossmont Boulevard, La Mesa, California 92041

The fictitious business name referred to above was filed in San Diego County on .....
ANDERSON, Edwin Le Roy
705 Brookwood Drive
El Cajon, CA 92021
This business was conducted by an individual.
Signed
Edwin Le Roy Anderson
This statement was filed with the County Clerk of San Diego County on Jan. 5, 1976.
L.G. Review Jan. 8, 15, 22, 29

**FICTITIOUS BUSINESS NAME STATEMENT**
**FILE NO. 76-0074**

The following persons are doing business as: PURO-CHEM. CHEMICAL CO. at 3586 Chasewood Drive, El Cajon, Calif. 92111
Eugene F. Dupart, 3586-Chasewood Dr., San Diego, Calif.
John Knudsen Jr., 690 El Cajon Blvd., El Cajon, Calif.
This business is conducted as a General Partnership.
Signature Eugene F. Dupart
This statement was filed with the County Clerk of San Diego County on Jan. 5, 1976.
Expires Dec. 31, 1981
L.G. Review, Jan. 8, 15, 22, 29

**FICTITIOUS BUSINESS NAME STATEMENT**
**FILE NO. 76-0073**

The following persons are doing business as: MELODY CONSTRUCTION at 3302 Ybarra Rd. Spring Valley, CA 92077
STANLEY W. SPILMAN, 3302 Ybarra Rd. Spring Valley, CA 92077
DIANE V. SPILMAN
SAME
This business is conducted by an Individual.
Signature
Stanley W. Spilman
This statement was filed with the County Clerk of San Diego County on Jan. 5, 1976.
Expires Dec. 31, 1981
S.V. Bulletin, Jan. 8, 15, 22, 29

**FICTITIOUS BUSINESS NAME STATEMENT**
**FILE NO. 76-0040**

The following person is doing business as: BUTTERFIELD LTD. at 8121 BROADWAY LEMON GROVE, CA 92045
ROBERT B. SERR JR., 7700 PARKWAY NO. 21 LA MESA, CA 92041
This business is conducted by an Individual.
Signature R. B. SERR, JR.
This statement was filed with the County Clerk of San Diego County on Jan. 2, 1976.
Expires Dec. 31, 1981
L.G. Review, Jan. 8, 15, 22, 29

**FICTITIOUS BUSINESS NAME STATEMENT**
**FILE NO. 76-0047**

The following person is doing business as: Cicero and Associates Century 21 at 7779 Broadway Lemon Grove, Calif. 92045
Frederick Anthony Cicero, 10000 Waynecrest Lane, Santee, Calif. 92071
This business is conducted by an Individual.
Signature
Frederick Anthony Cicero
This statement was filed with the County Clerk of San Diego County on Jan. 2, 1976.
Expires Dec. 31, 1981
L.G. Review, Jan. 8, 15, 22, 29

**FICTITIOUS BUSINESS NAME STATEMENT**
**File No. 7510977**

The following persons are doing business as: THE WOOD BURNERS at 10095 Sierra Madre Rd., Spring Valley, CA 92077
Edmund F. Greenalch
10095 Sierra Madre Rd.
Spring Valley, CA 92077
Edmund Greenalch
10095 Sierra Madre Rd.
Spring Valley, CA 92077
This business is conducted by a General Partnership.
Signature
Edmund F. Greenalch
This statement was filed with the County Clerk of San Diego County on Dec. 29, 1975.
Expires Dec. 31, 1980
S.V. Bulletin Jan. 1, 8, 15, 22

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO**
**No. 110725**

ESTATE OF LILLIAN NEWCOMB, Deceased.

NOTICE IS HEREBY GIVEN to the creditors of the above-named decedent that all persons having claims against the said decedent are required to file them, with the necessary vouchers, in the office of the clerk of the above-entitled court, or to present them, with the necessary vouchers, to the Administrator at 8775 Balboa Avenue, San Diego, CA 92123, which is the place of business of the Administrator in all matters pertaining to the estate of said decedent, within four months after the first publication of this notice.

Dated:
W. E. THACKER
Administrator of the estate of the above-named decedent

ROBERT G. BERREY,
COUNTY COUNSEL
By MARY GELL, Deputy
Attorneys for said Administrator
8775 Balboa Avenue, San Diego, CA 92123 278-9200, Ext. 394
L.G. Review, Dec. 25, 1975; Jan. 1, 8, 15, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**File No.7510976**

The following person is doing business as: LOU'S TIRE SERVICE at 1172 Pierre Way, El Cajon, CA. 92021
Lou Mielke
2873 Ridgeview
San Diego, Ca. 92105
This business is conducted by an Individual.
Signature
Lou Mielke (Owner)
This statement was filed with the County Clerk of San Diego County on Dec. 29, 1975.
Expires Dec. 31, 1980
L.G. Review Jan. 1, 8, 15, 22

**FICTITIOUS BUSINESS NAME STATEMENT**
**File No. 7510975**

The following persons are doing business as: MOBILE HOUSINNG SYSTEMS at 1363 Marline Ave, El Cajon, CA. 92021
Charles M. Clark
908 La Cresta Blvd.
El Cajon, CA. 92021
Ralph E. Klinkers
1363 Marline Ave.
El Cajon, CA 92021
This business is conducted as A General Partnership.
Signature
Charles M. Clark &
Ralph E. Klinkers (Owners)
This statement was filed with the County Clerk of San Diego County on Dec. 29, 1975.
Expires Dec. 31, 1980
L.G. Review Jan. 1, 8, 15, 22

**FICTITIOUS BUSINESS NAME STATEMENT**
**File No. 7510942**

The following person is doing business as: Monterey Hair Shop at 1819 Englewood, Lemon Grove, 92045
Roberta Ann Meza
1525 Graves
El Cajon 92045
This business is conducted by an Individual.
Signature Roberta A. Meza
This statement was filed with the County Clerk of San Diego County on Dec. 29, 1975.
Expires Dec. 31, 1980
L.G. Review Jan. 1, 8, 15 & 22, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**File No. 7510459**

The following persons are doing business as: Unique Wall Coverings at 3384 Lloyd Street, San Diego, California 92117
William R. Robbins
3384 Lloyd St.
San Diego, Ca. 92117
Diana Lynn Robbins
3384 Lloyd St.
San Diego, Calif. 92117
This business is conducted by an Individual.
Signature
Diana Lynn Robbins
This statement was filed with the County Clerk of San Diego County on December 9, 1975.
Expires Dec. 31, 1980
S.V. Bulletin Jan. 1, 8, 15 & 22, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**FILE NO. 75-10711**

The following persons are doing business as: LURE DEVELOPMENT ASSOCIATES at 405 Sweetwater Rd. Spring Valley.
Philip S. Gallo Jr., 4025 Apore St., La Mesa
Bobby Gene Rowan, 1007 Magnolia El Cajon
David M. Kelly, 8839 Jaylee, Spring Valley
This business is conducted as a Limited Partnership.
Signature Philip S. Gallo Jr.
This statement was filed with the County Clerk of San Diego County on Dec. 18, 1975.
Expires Dec. 31, 1980
S01183 Spring Valley Bulletin, Dec. 25, 1975, Jan. 1, 8, 15, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**

The following persons are doing business as: File no. 75-10477, News West and File no. 75-10478, County News Association at 5252 El Cajon Blvd. San Diego, CA 92115
Larson-Lewis Ltd., a California corporation
This business is conducted by a Corporation.
Signature
David Lewis, President
This statement was filed with the County Clerk of San Diego County on Dec. 9, 1975.
Expires Dec. 31, 1980
L.G. Review, Dec. 25, 1975; Jan. 1, 8, 15, 1976

**NOTICE TO CREDITORS**
**No. 110558**

Superior Court of the State of California, for the County of San Diego In the Matter of the Estate of JOHN ENGLEBERT WEINMAN, also known as JOHN E. WEINMAN, Deceased.

Notice is hereby given to creditors having claims against the said decedent to file said claims in the office of the clerk of the aforesaid court or to present them to the undersigned at the office of Mulder and Nemser, 7970 Broadway in Lemon Grove, in San Diego County, which latter office is the place of business of the undersigned in all matters pertaining to said estate. Such claims with the necessary vouchners must be filed or presented as aforesaid within four months after the first publication of this notice.

Dated December 18, 1975.
John L. Weinman
**MULDER & NEMSER, 7970 Broadway, Lemon Grove, CA 92045 460-2220**
**Executor(s) of the will of said decendent.**
SO1184 Lemon Grove Review, Dec. 25, 1975, Jan. 1, 8, 15, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**FILE NO. 7510651**

The following persons are doing business as NORTH MAGNOLIA PLAZA CO. at 7366 Broadway, Lemon Grove, California 92045.
Daniel F. Thren, 7358 Broadway, Lemon Grove, CA. 92045.
Victoria A. Cooper, 6832 Cedral Pl., Lemon Grove, CA. 92045.
Joseph T. Lawler, Capt., USN, 734 Glorietta Blvd., Coronado, CA. 92118.
This business is conducted by a Joint Venture.
Signed Victoria A. Cooper
This statement was filed with the County Clerk of San Diego County on Dec. 16, 1975.
Expires Dec. 31, 1980
L. G. Review, Dec. 18, 25, 1975; Jan. 1, 8, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**FILE NO. 7510650**

The following person is doing business as G and G CAR SALES at 1147 North Cuyamaca, Suite B, El Cajon, CA. 92020.
Carl Cars, a Calif Corp., 1174 North Cuyamaca, Suite B, El Cajon, CA. 92020.
This business is conducted by a corporation.
Signature
Robert A. Goetz, Corp. V.P.
This statement was filed with the County Clerk of San Diego County on Dec. 16 ,1975.
Expires Dec. 31, 1980
L. G. Review, Dec. 18, 25, 1975; Jan. 1, 8, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**FILE NO. 7510649**

The following person is doing business as: Lemon Grove Sporting Goods and Athletic Supply, at 7809 Broadway, Lemon Grove, Calif. 92045.
Arthur W. Berry, 6355 Kimi Lane, La Mesa, Calif. 92041.
This business is conducted by an individual.
Signed Arthur W. Berry
This statement was filed with the County Clek of San Diego County on Dec. 16, 1975.
Expires Dec. 31, 1980
L.G. Review, Dec. 18, 25, 1975; Jan. 1, 8, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**File No. 7510533**

The following persons are doing business as: RALF '72 at 175 West Lexington Avenue, El Cajon, California 92020
ROBERT E. PAUL
175 West Lexington Avenue
El Cajon, California 92020
CHRISTOPHER WEIL
2930 Westwood Boulevard
Los Angeles, California 90064
This business is conducted as a general partnership.
Signature Robert E. Paul
This statement was filed with the County Clerk of San Diego County on Dec. 11, 1975.
Expires Dec. 31, 1980
L.G. Review Dec. 18, 25, 1975, Jan 1, 8, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**File No. 75 10530**

The following persons are doing business as: C M Sanitary Supply at 4220 University Ave., San Diego, Ca.
Jerry F. Hable
8011 Lake Adlon
San Diego, Ca.
Sharon Hable
8011 Lake Adlon
San Diego, Ca.
This business is conducted by a General Partnership.
Signed Jerry F. Hable
This statement was filed with the County Clerk of San Diego County on Dec. 11, 1975.
Expires Dec. 31, 1980
L.G. Review Dec. 18, 25, 1975; Jan. 1, 8, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**File No. 75 10528**

The following person is doing business as: Duby-Do Construction at 555 Galena Street, El Cajon, California 92021
Eugene Duby
555 Galena Street
El Cajon, CA 92021
This business is conducted by an Individual.
Signature Eugene Duby
This statement was filed with the County Clerk of San Diego County on Dec. 11, 1975
Expires Dec. 31, 1980
L.G. Review Dec. 18, 25, 1975; Jan. 1, 8, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**File No. 75 9780**

The following persons are doing business as: ZACHARIAH'S PLANTERS at 2796 Cypress St., Lemon Grove 92045
Asner, James L.
2796 Cypress St.
Lemon Grove 92045
Kolb, David
3874 Bass St.
Lemon Grove, 92045
This business is conducted as a Limited Partnership.
Signature
James L. Asner (Owner)
David G. Kolb (Owner)
This statement was filed with the County Clerk of San Diego County on Nov. 14, 1975.
Expires Dec. 31, 1980
L.G. Review Dec. 18, 25, 1975, Jan. 1, 8, 1976

**FICTITIOUS BUSINESS NAME STATEMENT**
**File No. 75 10529**

The following person is doing business as: Unique Hair Stylists at 7028 El Cajon Blvd., San Diego, Ca. 92115
Sharon Baldwin
13217 Aurora Dr. Sp. 117
El Cajon, CA 92021
This business is conducted by an Individual.
Signature
Sharon Baldwin (Owner)
This statement was filed with the County Clerk of San Diego County on Dec. 11, 1975.
Expires Dec. 31, 1980
L.G. Review Dec. 18, 25, 1975; Jan. 1, 8, 1976

**NOTICE TO BIDDERS**

The Grossmont Union High School District will receive bids on Miscellaneous Supplies and Equipment for:

Automotive, Building Materials, Books and Book Binding, Periodicals and Library, Cafeteria and Home Economics, Carpeting, Custodial, Electrical, Flexible Scheduling, Fuel Oil, Furniture
Gardening & Grounds, Hardware, Health Services, Industrial Arts, Instructional, Laundry Service
Liquid Petroleum Gas, Lockers, Maintenance Service on Electric Typewriters & Office Machines, Music & Musical Instruments, Office Machines, Other Maintenance Services
Printing, Rental of Office Machines & Equipment for Office & Instructional Purposes, Sale of Surplus Office & School Equipment, Tires and Tire Recapping, Tire Leasing, Trailer Towing, Transportation, Uniforms, Band & Choir

Each bid shall be submitted on a form obtained at the Purchasing Department of said District located at 1100 Murray Drive, El Cajon, California; (mailing address: P.O. Box 1043, La Mesa, California 92041); shall be sealed and filed in said Purchasing Department on or before 2:00 P.M. on

**January 23, 1976**

and will be publicly opened and read aloud at that time and place. The Grossmont Union High School District reserves the right to reject any or all bids, to accept or reject any one or more items of a bid or to waive any irregulaities or informalities in the bids or in the bidding.

No bidder may withdraw his bid for a period of thirty (30) days after the date set for the opening of bids.

GROSSMONT UNION HIGH SCHOOL DISTRICT
William Funke, Clerk of the Governing Board, G.U.H.S.D.
Lemon Grove Review January 8, 15, 1976

**NOTICE TO BIDDERS**

The Grossmont Union High School District will receive bids on Miscellaneous Supplies and Equipment for:

Automotive, Building Materials, Books and Book Biding, Periodicals and Library, Cafeteria and Home Economics, Carpeting, Custodial, Electrical, Flexible Scheduling, Fuel Oil. Furniture
Gardening & Grounds, Hardware, Health Services, Industrial Arts, Instructional, Laundry Service
Liquid Petroleum Gas, Lockers, Maintenance Service on Electric Typewriters & Office Machines, Music & Musical Instruments, Office Machines, Other Maintenance Services

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GROSSMONT UNION HIGH SCHOOL DISTRICT
William Funke, Clerk of the Governing Board, G.U.H.S.D.
Lemon Grove Review January 8, 15, 1976

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Automotive, Building Materials, Books and Book Biding, Periodicals and Library, Cafeteria and Home Economics, Carpeting, Custodial, Electrical, Flexible Scheduling, Fuel Oil. Furniture
Gardening & Grounds, Hardware, Health Services, Industrial Arts, Instructional, Laundry Service
Liquid Petroleum Gas, Lockers, Maintenance Service on Electric Typewriters & Office Machines, Music & Musical Instruments, Office Machines, Other Maintenance Services
Printing, Rental of Office Machines & Equipment for Office & Instructional Purposes, Sale of Surplus Office & School Equipment, Tires and Tire Recapping, Tire Leasing, Trailer Towing, Transportation, Uniforms, Band & Choir

Each bid shall be submitted on a form obtained at the Purchasing Department of said District located at 1100 Murray Drive, El Cajon, California; (mailing address: P.O. Box 1043, La Mesa, California 92041); shall be sealed and filed in said Purchasing Department on or before 2:00 P.M. on

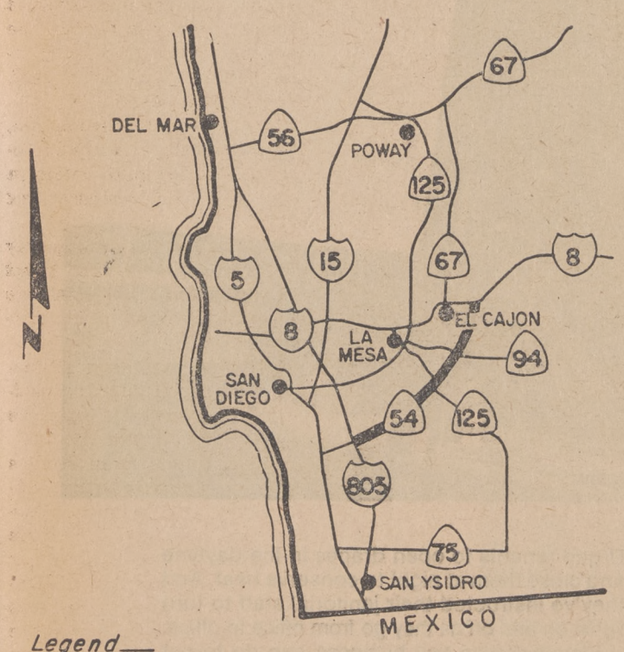
**January 16, 1976**

and will be publicly opened and read aloud at that time and place. The Grossmont Union High School District reserves the right to reject any or all bids, to accept or reject any one or more items of a bid or to waive any irregulaities or informalities in the bids or in the bidding.

No bidder may withdraw his bid for a period of thirty (30) days after the date set for the opening of bids.

GROSSMONT UNION HIGH SCHOOL DISTRICT
William Funke, Clerk of the Governing Board, G.U.H.S.D.
Lemon Grove Review, January 1, 8, 1976

**CALIFORNIA DEPARTMENT OF TRANSPORTATION**
**NOTICE OF INTENTION TO RESCIND FREEWAY ADOPTION ON STATE HIGHWAY 54 IN SAN DIEGO COUNTY**




*Legend*
ADOPTED FREEWAY LOCATION
BEING CONSIDERED FOR RESCINDING

The California Highway Commission at its meeting on November 20, 1975, passed a Resolution of 'Notice of Intention to Rescind Freeway Adoption" for State Highway Route 54 in San Diego County between Route 805 and Route 8. The Commission further resolved to suspend consideration of the rescission providing local agencies agreed to assume financial responsibility for all future hardship and protection acquisition and liability until such time as regular funding of right of way and construction is possible.

Public comments are invited. Any pertinent information that the Highway Commission should have prior to its final consideration should be submitted prior to January 30, 1976. Pertinent correspondence should be directed to Jacob Dekema, District Director of Transportation, P.O. Box 81406, San Diego, California 92138.

Maps and other information are available for inspection and copying at the Department of Transportation Office at 2829 Juan Street, San Diego, 8:00 a.m. to 4:00 p.m., Monday through Friday. You may also obtain information by calling Jim Gray, District Project Development Engineer (714) 294-5186.

L.G. Review, Jan. 8, 22, 1976


# USE-WANT ADS

469-0101 To Place An Ad 469-0101

## CLASSIFIED ADVERTISING LOCAL RATES

**PER INSERTION ORDER**

| TIMES | PER WORD |
|---|---|
| 1 time | .08 |
| 2 times | .075 |
| 3 times | .06 |
| 4 thru 6 times | .055 |
| 7 plus | .05 |

Minimum charge, $1.50

**REMEMBER**

Tuesday, 12 noon, is deadline for Lemon Grove Review — Spring Valley Bulletin classified advertising, 469-0101.

**3 — Special Notices**

Call Thomas & Son For
GARBAGE & TRASH DISPOSAL
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**6 — Services Offered**

INTERIOR, exterior painting. Finest workmanship. Reasonable rates. 25 years experience. 469-8508

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Painter, neat, over 15 yrs in area. Reas. rates, all work guar. 461-9384 eves.

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Wood, metal and veneer. 8450 Magnolia, Santee. Mastercharge. 449-6291

Yard and garage cleanups. Tree work. Reasonable. 462-8485

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ACOUSTICS
THE ORIGINAL SPRAY ON CEILING SPECIALIST
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FREE GLITTER — 10 YR. GUAR.

Z. Sandor
1200 Grand, S.V.

will receive two free potluck dinners at Charl-Mont Restaurant, College Grove, if you will come to Homeland Publishing Co., 7834 Lester Ave., Lemon Grove for your free dinner certificate.

**15 — Child Care**

Experienced child care, in my home, reasonable rates. Phone 462-9169 . . . Lemon Grove area.

CHILD CARE IN MY LICENSED HOME. 479-6736

**22— Apartments, Unfurnished**

$125 unfurn 1 br plus large studio duplex apt. Newly painted, private yd. Close to all, 1 block to Main st from Bdwy. Call eves, 461-9885.

**50 — Miscellaneous For Sale**

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'75 PFAFF SEWING MACHINE
Like new! Pfaff dial-a-stitch zig zag and walnut table. Over casts, elastic stitches, button holes, etc. Sac at $46.16 complete. Small pymts. 234-3553 anytime dlr.

C. G. Anderson
1727 Helix St., S.V.

will receive two free dinners at Sir George's Smorgasbord House, El Cajon, California if you will come to Homeland Publishing Co., 7834 Lester ave., Lemon Grove for your free dinner certificate.

Joe C. Garrett
1901 El Prado Ave., L.G.

Two free games of bowling at LOMITA LANES, 955 Cardiff. Tickets may be picked up at Homeland Publishing Co., 7834 Lester ave., Lemon Grove.

**52 — Lapidary Equipt. & Sup.**

Classes Now Forming
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COFFEY'S LAPIDARY
Largest Inventory Lapidary Machinery, etc., S. D. County
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9120 Jamacha Rd.
Spring Valley 466-1661

**56 — Cameras and Supplies**

We buy used camera and photo equipment. L.G. Camera, 7848 Broadway, L.G.

**59 — Wanted To Buy**

Wanted To Buy
Quality Antique
Furniture,
Clocks, Dolls,
Primitives
465-7830

I BUY JUNK CARS
239-9485

**81 — Autos — New & Used**

73 Datsun pickup . . . 20,000 miles, $2,500 . . . Phone 469-8888

M. K. Malcom
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10 WORDS
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Lemon Grove *Review* & Spring Valley *Bulletin*

## One Man's Bed Is His Castle

Our Vice President has shelled out as much money for a place to sleep as many people pay nowadays for a house, less interest of course.

Vying for the title of the most expensive bed ever made is the $35,000 creation termed "an apparatus for dreaming" purchased by Nelson Rockerfeller and his wife Happy.

It features a headboard, footboard, and side gates of vertical brass rods and rails of African walnut. A leafy branch carved from adler wood is attached to the footboard. Two tinted mirrors which swivel 360 degrees are suspended at opposite ends.

Surrealist artist Max Ernst designed the bed and also the bed cover of dark mink.

Whether or not the occupants will sleep any better now is not known.

## Chamber Recital Sunday at JCC

The Balboa Trio will perform works by Beethoven, Dvorak and Copeland in a concert Sunday at the Jewish Community Center, 4099 54th street, San Diego.

The Trio consists of Eileen Wingard, violinist, Richard Levine, cellist and Ronald Morebello, pianist. They have performed at Golden Hall, the Grand Salon of the Civic Theatre and at the Athenium since they merged two years ago.

Tickets are available at the Center desk, at Breier's Sound Center and at Fiddle 'n Bow. Prices are $2.50 general, $1.50 students and seniors.

## Transit Board Post for Bates

County Supervisor Jim Bates was named to serve on the San Diego Metropolitan Transit Development Board which came into existence January 1.

Bates was named by the Board of Supervisors to represent the County on the newly created eight-member board. Supervisor Jack Walsh will serve as an alternate to Supervisor Bates.

The new Board was created by an Act of the California State legislature and will control State tax money available for transportation in this region.

The new Board will control State gasoline money available to cities within its jurisdiction, as well as money diverted from the State highway fund for mass transit construction.

### Car, Too, Must Be Fit For DMV License Exam

Brakes mushy? Handbrake faulty? Somebody swipe your outside rear-view mirror?

Then don't bring the vehicle to the Department of Motor Vehicles to use in your driver license road test.

DMV Director Herman Sillas points out that drivers license examiners are required to make a brief safety check before a drive test is given, and to refuse to test if the automobile is in an unsafe condition.

The examiner checks brakes, lights, signal lamps, steering apparatus, rear-view mirrors and windows. If the left-hand window doesn't roll down to permit hand signals, no test.

500 drivers license examiners in California give about 4,300 behind-the-wheel tests every day. No count has been kept of the number of tests which have been refused because of an unsafe vehicle. But according to Field Office Division Chief Harold L. Hammonds, refusals are running at a higher rate than ever.

### Surf Board Found

Robert Hutchinson, of 3404 S. Granada st., Spring Valley, turned in a surf board which he saw in the intersection of Cristobal and S. Granada in Spring Valley Sunday.

The name on the board is "County Honk" and the owner may reclaim it at the Sheriff's Lemon Grove office by identifying it beyond the name.

**LAST BANK — Home Federal Savings Spring Valley branch Manager Charlene Anderson (right) sells the last Bicentennial coin bank in stock Friday to customer June Clarno. A new stock of banks, plus free calendars, flag lapel pins, apples and apple cider was promised for the final week of the bank's promotion honoring the nation's Bicentennial. The promotion ends Saturday.**

## Notices Mailed by DMV; Renewal Due Feb. 6

Vehicles must be registered on or before February 6 to avoid late payment penalties, even if you haven't received a registration renewal notice, warned Herman Sillas, director of the State Department of Motor Vehices.

DMV has completed the mailing of 16 million vehicle registration renewal notices to California motorists presently on file with the department.

Another half-million notices have been mailed to motorists who have recently purchased a new or used car. Mailing of an estimated 200,000 notices went out earlier this month to recipients of "Christmas present" vehicles, Sillas stated.

"Everyone who presently has a vehicle registered in California should have received a renewal notice by the end of the week and should pay it promptly by mail to avoid the expected long lines at local DMV offices," Sillas said.

Motorists may not receive their registration renewal notices if they have moved during the past year without notifying DMV or the Post Office of their new address.

If notices haven't arrived by January 15, chances are the motorist will not receive one. However, vehicles can be registered easily by bringing the 1975 registration card to the nearest DMV office. Fees and registration period can be determined there.

Two stickers, one indicating the month and the other the year of registration renewal, are issued immediately upon payment of the fees."

About 2½ per cent of the renewal notices are undeliverable each year because of wrong addresses. 400,000 are expected to meet the same fate this year.

### Bucket Seat Pivot Pins Target of CHP Study

Federal authorities have warned the California Highway Patrol that pivot pins in bucket seats in certain passenger vehicles may be a safety hazard. The authorities said that there have been accidents as the result of pivot pins breaking. The pin failure causes the seat to collapse or fall back sharply, resulting in the driver's loss of control.

Traffic accidents caused by the collapse of bucket seats in cars is the subject of a special three-month study by the CHP to help determine the need for a safety callback of certain vehicles. The study begins today.

Commissioner Glen Craig said the CHP received a formal request from the U. S. Department of Justice for data concerning accidents caused by the defect.

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# Public Higher Ed. Lacks Concern For Elderly, CHESA Study Claims

A study sponsored by the Federal Administration on Aging and the California Office on Aging recommends that the state's public colleges and universities make their courses more accessible and relevant to the higher education needs of the State's older residents.

A newly released report of the California Higher Education Study for the Aging (CHESA), authorized by the Legislature, recommends that programs be more accessible to older adults by way of changes in scheduling, registration, advisory procedures, admission policies and grading. It urges reducing or eliminating fees for older students and providing support services as transportation.

**Counselors, Programs**

Also requested in the report are counseling services by counselors trained and experienced in work with the aging. Study of the kinds of training or retraining needed by older adults to qualify for jobs would also be helpful, the report states. Experimental programs designed for older adults such as pre-retirement programs and involvement by senior citizens in the planning and implimentation of the programs was also urged.

The report also recommends that institutions of public higher education create or improve programs in gerontology and human development "in response to the emerging needs of those preparing for vocational and professional work in aging and related fields — including health, social services, recreation, education, and housing."

**Wanted: Job Training**

The CHESA study also recommends that the Office on Aging develop a directory of training opportunities in the field of aging, and suggests that the Legislature consider enlarging financial assistance and scholarship programs to help eligible older persons prepare for jobs — especially in nursing and convalescent homes and other areas in which there are trained personnel shortages.

The Legislature's 1972 resolution (ACR 127) called on the Regents of the University of California, Trustees of the California State Universities and Colleges, and Board of Governors of the California Community Colleges to cooperate in the study.

## Blood Bank Reserves Need Boost

During the holidays San Diego residents made an extra effort to meet the demands of county hospitals for donated blood, according to Dei Roberts, community relations coordinator of the San Diego Blood Bank. But the light schedule of the bloodmobile and daily demands for more blood of all types indicate that a pressing need for donors exists this month.

January, a lean month for donors, has been declared National Volunteer Blood Donor Month. Everyone between ages 17 and 66 and in good health are encouraged to donate at the San Diego Blood Bank, 5th and Upas, open Monday through Friday from 8:30 a.m. to 7 p.m. and Saturday from 8:30 a.m. to 3:30 p.m.

Donors who come into the blood bank between 4:30 and 7 p.m. weekdays are served wine along with the usual juice, coffee and light refreshments during "Happy Hours."

All blood types are needed, particularly the two most common types, A positive and O positive, Roberts said. The blood bank needs an average of 200 volunteer donors a day to meet the demands of county civilian hospitals.

### Solid Yellow Datsun

Paul Leo Webster, 28, 10235 Madrid way, Spring Valley, was awakened by a noise beneath the open window beside his bed.

His yellow Datsun was also beneath his window.

So were two guys who were taking the rear wheels off his new, yellow Datsun. Webster gave chase as the burglars sped away and his wife called the Sheriff.

Two Jackmann 8-spoke wheels together with the tires were taken.

It will cost Webster $225 to replace his loss, he reported.

## Woman Loses Purse In S.V. Bar Visit

Mary Carol Pierson of 2051 Terracina st., Spring Valley, told Sheriff's deputies Saturday that while she was visiting the Valley Crossroads Tavern at 1111 Sweetwater rd., Spring Valley, someone took her purse.

She said she left her clutch purse which contained $6 and 6 credit cards, at her table while she visited with acquaintances at a nearby table.

When she returned, the purse was missing.

## Tax Returns for Local Cities

In mid-December the State Controller distributed monthly sales tax refunds to cities and counties in California.

Last week the controller announced refunds for cigarette tax (c); highway users tax (h), and "in lieu" motor vehicle tax (1).

Here is what these nearby cities got:

Carlsbad — $7,158 (c); $15,390 (h), $512 (1)

Del Mar — $1,710 (c); $15,390 (h), $121 (1)

Imperial Beach — $4,195 (c); $16,402 (h), $546 (1)

Oceanside — $14,975 (c); $41,824 (h), $1,415 (1)

Chula Vista — $21,950 (c); $56,717 (h), $1,923 (1)

El Cajon — $24,840 (c); $45,385 (h), $1,536 (1)

La Mesa — $15,431 (c); $32,996 (h), $1,113 (1)

Coronado — $4,561 (c); $16,439 (h), $547 (1)

Escondido — $20,450 (c); $38,198 (h), $1,291 (1)

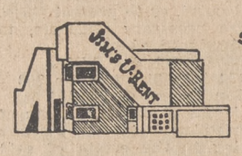
National City — $16,528 (c); $38,198 (h), $1,132 (1)

San Marcos — $3,217 (c); $8,037 (h), $260 (1)

Vista — $7,127 (c); $21,836 (h), $732 (1)

**15 Cents An Egg**

While the Suez Canel was closed shoppers in Jidda, Saudi Arabia had to pay about $1.80 for a dozen eggs because of higher transportation costs.



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People who work in glass buildings can't afford to waste energy.

It's not easy for comfort and conservation to be partners in the same glass office building. But it's not impossible, either.

The folks who run the Bank of California Plaza have reduced consumption 14% since 1973, even while their occupancy level rose continuously. And they haven't invested a dime in new equipment.

They've just cut back on air conditioning a little. Run garage exhaust blowers only as needed, instead of 24 hours a day, seven days a week. They've reduced lighting in corridors and, where tenants have allowed it, in offices.

Urged tenants to open drapes in the daytime and close them at night to conserve heat. And they've instructed their janitorial staff to turn lights on and off as they go from office to office.

Simple things any business can do to cut down. Bob Thomas, Building Manager for the Tishman Corp., calls it "common sense conservation." We call it smart economics. That's why, for the past five years, we've been helping businesses and industries all over San Diego County cut energy waste. The Bank of California Plaza is a success story. We'd like to help you succeed as well.

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